SUDBURY & DISTRICT S.C.



25th Masters & Senior Age Group Meet 2020

Dear Swimmer

We hope you have had time to check the accepted entries list for the Valentines Masters Meet being held on Sunday 16th February 2020 at the Kingfisher Leisure Centre, Sudbury.

Can we ask you to **please** check your entries carefully, and if you find any errors we would be grateful if you could email details of them to us before the day so that we can make the necessary amendments on the system beforehand as things will be very hectic on the day as we have 20 more swimmers and over 100 more swims than last year. As result of this and be able to fit you all in we have moved the start time forward 45 minutes to 08.15am.

We will also be a using a secondary signing in system, so can you please ensure that you tick the forms to confirm that you are still competing, as we will assume that any entries left blank are because that competitor is not at the meet or has chosen not to swim that particular event and they will be withdrawn before the finalised start sheets are produced.

The event timings for the day are:-

Day	Session	Events	Signing In	Warm up Starts	Session Starts	Estimated Finish
Sunday 16 th	1	1 & 2	7.45 – 8.10	8.15	8.35	9.40
Sunday 16 th	1a	3 to 10	by 9.40	9.45	10.20	11.55
Sunday 16 th	2	11 to 20	by 12.10	12.15	12.50	14.50
Sunday 16 th	3	21 to 30	by 15.05	15.10	15.45	17.46
CANNON RELAY TO FOLLOW STRAIGHT ON AFTER THE FINAL EVENT						

NB. The 200m & 400m events have been combined so these will be swam with men & women seeded together, but there will be separate results produced for these combined events.

CAN WE ALSO ASK ALL SWIMMERS TO PLEASE READ THE IMPORTANT NOTICE ON THE NEXT PAGE REGARDING THE REBURBISHMENT OF THE POOLSIDE CHANGING ROOMS AND ALTERNATIVE FACILITIES THAT WILL BE IN OPERATION DURING THIS MEET.

Kind regards

Karen & Debs

Karen Bedford & Debs Greenhalgh (Open Meet Organisers)

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Refurbishment of Changing Rooms at the Kingfisher Leisure Centre

You may or may not be aware that Abbeycroft Leisure are currently carrying out major refurbishment works to the Kingfisher Leisure Centre and it is now the turn of the changing rooms to undergo their transformation!

The pool changing rooms, showers and toilets have been closed and temporary facilities have now been put in place (likely to be until April) for members, general public and Sudbury Storms to use.

The temporary facilities consist of 2 showers located in the health suite at the deep end of the pool where the jacuzzi is and the only toilets available for use by all are those behind reception.

A temporary set of changing rooms have been constructed in the new section of the building which is reached by going past the Café serving area. You would then need to go down a set of steps, turn left and they are on the right. The rooms are split into Male and Female but only have 2 cubicles with the rest being an open, communal changing area.

Please be aware the changing rooms will be used by members, the general public, Sudbury Storms and are not visible as were the old changing rooms.

During this period of transition, it might be prudent for swimmers to bring an additional large towel for drying off before leaving the pool area to either use the toilets or to go to the changing rooms. Ideally, suitable footwear, such as flip flops should be worn when traversing the public areas to get to either of these facilities.

You may also wish to consider drying off on poolside and wearing comfortable clothing, i.e. Swimzi, onesies or club kit over your swimming attire to go home in if you do not wish to use the temporary changing areas. It may also be best to arrive in your costume as most of you do already.

We apologise for the late notification but the closure only took place on Monday 6th January and it was not clear until then what the make-up of the facilities would be. These works are out of our control and we urge all swimmers to take extra care and be more mindful of the general public around them during this time.

Unfortunately, we cannot do anything more other than monitor the situation and update as and when we get the information.