

# Sudbury & District S.C.

Last Chance Open Meet 2009 - Licence 4ER9106 at Kingfisher Leisure Pool (25m)

Web page created by CORGI on 11/01/2009

**Age group A from 9 to 9**

**Age group B from 10 to 10**

**Age group C from 11 to 11**

**Age group D from 12 to 12**

**Age group E from 13 to 13**

**Age group F from 14 to 14**

**Age group G from 15 to 15**

**Age group H from 16 to 999**

**Event: 1. 200m Backstroke, Male, All Ages, HDW, 10/01/2009 Overall result**

| Pos | Name, YOB                    | Time                          | GB/BAG Pts | Club                      |
|-----|------------------------------|-------------------------------|------------|---------------------------|
| 1   | BUCK Ashley (1980) (H)       | 02:14.65 EC QT, REG QT, SC QT | 626        | Sudbury & District S.C.   |
| 2   | SPEAR Adam (1991) (H)        | 02:30.22                      | 455        | Clacton SC                |
| 3   | BASHIR Cameron (1994) (F)    | 02:34.95 SC QT                | 412 (445)  | Sudbury & District S.C.   |
| 4   | CAME Richard (1994) (F)      | 02:41.03                      | 364 (393)  | Halstead S.C.             |
| 5   | LLOYD Jake (1995) (E)        | 02:42.04                      | 356 (399)  | Bishop's Stortford S.C.   |
| 6   | WESTLAKE Braddan (1995) (E)  | 02:42.78 SC QT                | 351 (393)  | Newmarket & District S.C. |
| 7   | DAVIES Matthew (1993) (G)    | 02:46.55                      | 325        | Colchester S.C.           |
| 8   | HARGRAVE Ryan (1994) (F)     | 02:51.31                      | 294 (318)  | Diss Otters S.C.          |
| 9   | HOWARD Jake (1995) (E)       | 02:53.86                      | 279 (313)  | Hadleigh S.C.             |
| 10  | PARK Theo (1998) (B)         | 02:58.79 EC QT, SC QT         | 252 (299)  | Halstead S.C.             |
| 11  | ALEXANDER Michael (1995) (F) | 03:02.25                      | 235 (254)  | Bishop's Stortford S.C.   |
| 12  | YOUNG Taylor (1997) (C)      | 03:04.52 SC QT                | 224 (258)  | Colchester S.C.           |
| 13  | EGAN Jordan (1994) (F)       | 03:08.44                      | 207 (224)  | First Strokes S.C.        |
| 14  | BASLINGTON Thomas (1999) (A) | 03:17.22 EC QT, SC QT         | 173 (192)  | Halstead S.C.             |
| 15  | HALL Daniel (1998) (B)       | 03:24.75 SC QT                | 148 (176)  | Halstead S.C.             |
| 16  | TROWBRIDGE Jack (1997) (C)   | 03:29.97                      | 133 (153)  | West Suffolk S.C.         |
| 17  | CLARK Samuel (1998) (B)      | 03:58.34                      | 74 (88)    | Sudbury & District S.C.   |
| --  | HALLS Robert (1997) (C)      | DSQ                           | --         | Sudbury & District S.C.   |

## Event: 2. 200m Backstroke, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                     | Time                  | GB/BAG Pts | Club                      |
|-----|-------------------------------|-----------------------|------------|---------------------------|
| 1   | ALLEN Claire (1987) (H)       | 02:38.66              | 536        | Sudbury & District S.C.   |
| 2   | FLIGHT Lauren (1994) (F)      | 02:43.87 SC QT        | 487        | Witham Dolphins S.C.      |
| 3   | WALMSLEY Katie (1995) (E)     | 02:51.01 SC QT        | 427 (464)  | First Strokes S.C.        |
| 4   | BAIN Hannah (1994) (F)        | 02:52.97              | 412        | Colchester S.C.           |
| 5   | KING Francesca (1996) (D)     | 02:55.72 SC QT        | 391 (424)  | Sudbury & District S.C.   |
| 6   | VINE Abby (1995) (E)          | 02:56.66              | 385 (418)  | Newmarket & District S.C. |
| 7   | CALDER Melanie (1996) (D)     | 02:56.93 SC QT        | 383 (415)  | Colchester S.C.           |
| 8   | THEOBALD Alice (1995) (E)     | 02:57.82              | 376 (408)  | Felixstowe S.C.           |
| 9   | HOWARD Sophie (1997) (D)      | 02:59.01 SC QT        | 368 (399)  | Braintree & Bocking S.C.  |
| 10  | COX Alexa (1996) (D)          | 02:59.34 SC QT        | 366 (397)  | Halstead S.C.             |
| 11  | KING Sophie (1994) (F)        | 02:59.72              | 363        | Diss Otters S.C.          |
| 12  | VERSEY Sarah (1995) (E)       | 03:00.15              | 361 (392)  | Felixstowe S.C.           |
| 13  | FLIGHT Hannah (1995) (E)      | 03:00.50              | 358 (389)  | Witham Dolphins S.C.      |
| 14  | BLACKWELL Abigail (1995) (E)  | 03:04.04              | 336 (365)  | First Strokes S.C.        |
| 15  | OSBORNE Jessica (1995) (E)    | 03:04.34              | 334 (363)  | West Suffolk S.C.         |
| 16  | GILLMAN Victoria (1996) (D)   | 03:05.62              | 326 (353)  | Colchester S.C.           |
| 17  | MO Lana (1999) (A)            | 03:09.91 EC QT, SC QT | 301 (342)  | Sudbury & District S.C.   |
| 18  | WEBBER Rebecca (1996) (D)     | 03:10.79              | 296 (321)  | Sudbury & District S.C.   |
| 19  | CRESSWELL Selina (1996) (D)   | 03:12.15              | 289 (313)  | Colchester S.C.           |
| 20  | HOLT Charlotte (1998) (B)     | 03:12.36 SC QT        | 288 (320)  | Colchester S.C.           |
| 21  | MARVEN Charlotte (1997) (C)   | 03:14.96 SC QT        | 274 (293)  | Colchester S.C.           |
| 22  | WHEATE Sancia (1997) (C)      | 03:15.08 SC QT        | 274 (293)  | West Suffolk S.C.         |
| 23  | CORBETT Laetitia (1997) (C)   | 03:15.78              | 270 (289)  | Hadleigh S.C.             |
| 24  | THAKE Kelly (1996) (D)        | 03:25.48              | 226 (245)  | Sudbury & District S.C.   |
| 25  | HEATHERINGTON Cara (1999) (B) | 03:27.41 SC QT        | 218 (242)  | Sudbury & District S.C.   |
| 26  | RICHERS Jessica (1998) (B)    | 03:31.06 SC QT        | 204 (227)  | First Strokes S.C.        |
| 27  | NASH Sarah (1998) (B)         | 03:50.69              | 142 (158)  | Newmarket & District S.C. |
| --  | DOWDING Emily (1998) (B)      | DSQ                   | --         | Halstead S.C.             |

## Event: 3. 50m Breaststroke, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                   | Time           | GB/BAG Pts | Club                      |
|-----|-----------------------------|----------------|------------|---------------------------|
| 1   | WILLIAMS Thomas (1985) (H)  | 00:31.39 SC QT | 668        | Sudbury & District S.C.   |
| 2   | KING Graham (1963) (H)      | 00:34.93 SC QT | 492        | Sudbury & District S.C.   |
| 3   | SARAH Tom (1994) (F)        | 00:38.40 SC QT | 365 (433)  | West Suffolk S.C.         |
| 4   | BARTON Matthew (1992) (H)   | 00:39.54       | 330        | Bishop's Stortford S.C.   |
| 5   | D'SOUZA Matthew (1995) (E)  | 00:39.89 SC QT | 321 (389)  | Hadleigh S.C.             |
| 6   | GOSLING Declan (1992) (H)   | 00:40.49       | 304        | West Suffolk S.C.         |
| 7   | COLLIER Craig (1994) (F)    | 00:40.78       | 297 (352)  | Newmarket & District S.C. |
| 8   | FUSSEY Alex (1995) (E)      | 00:41.38       | 282 (341)  | Newmarket & District S.C. |
| 9   | WESTLAKE Braddan (1995) (E) | 00:41.41       | 281 (340)  | Newmarket & District S.C. |
| 10  | MURRAY George (1996) (D)    | 00:42.37       | 259 (337)  | Felixstowe S.C.           |
| 11  | MINNS Samuel (1996) (D)     | 00:44.22       | 221 (288)  | Newmarket & District S.C. |
| 12  | REYNOLDS Matthew (1995) (E) | 00:44.32       | 219 (265)  | Stowmarket S.C.           |

|    |                              |                |           |                           |
|----|------------------------------|----------------|-----------|---------------------------|
| 13 | WYATT Robert (1995) (E)      | 00:44.48       | 216 (262) | West Suffolk S.C.         |
| 14 | PENTNEY Benjamin (1995) (E)  | 00:44.98       | 207 (251) | Sudbury & District S.C.   |
| 15 | BUCKLE Thomas (1997) (C)     | 00:46.19       | 186 (247) | West Suffolk S.C.         |
| 16 | KING Jordan (1996) (D)       | 00:46.19       | 186 (242) | Diss Otters S.C.          |
| 17 | PETTICAN Seb (1996) (D)      | 00:46.85       | 176 (229) | Newmarket & District S.C. |
| 18 | KIMPTON Robert (1995) (E)    | 00:47.16       | 171 (207) | West Suffolk S.C.         |
| 19 | BRYAN Joshua (1996) (D)      | 00:47.29       | 169 (220) | West Suffolk S.C.         |
| 20 | BUCKLE Gregory (1999) (A)    | 00:48.44 SC QT | 153 (191) | West Suffolk S.C.         |
| 21 | CALVER Lee (1995) (E)        | 00:51.07       | 122 (148) | Felixstowe S.C.           |
| 22 | TROWBRIDGE Jack (1997) (C)   | 00:52.93       | 104 (138) | West Suffolk S.C.         |
| 23 | GREENHALGH Luke (1996) (D)   | 00:55.52       | 83 (108)  | Sudbury & District S.C.   |
| 24 | BRYAN Peter James (1999) (A) | 00:55.82       | 81 (101)  | West Suffolk S.C.         |
| 25 | PROFFITT Alex (1998) (B)     | 00:56.44       | 77 (105)  | West Suffolk S.C.         |
| 26 | MURRAY Terry (1999) (A)      | 00:56.55       | 76 (95)   | Felixstowe S.C.           |
| 27 | BLOMFIELD Thomas (1997) (C)  | 01:00.77       | 53 (71)   | Sudbury & District S.C.   |
| 28 | BARTON Gregory (1999) (A)    | 01:01.04       | 51 (64)   | Bishop's Stortford S.C.   |
| 29 | HALLS Robert (1997) (C)      | 01:01.04       | 51 (68)   | Sudbury & District S.C.   |
| 30 | CHRISTIE William (1999) (A)  | 01:04.36       | 38 (48)   | Newmarket & District S.C. |
| -- | GRANT Alistair (1998) (B)    | DSQ            | --        | Hadleigh S.C.             |
| -- | TURNER Ben (1994) (F)        | DSQ            | --        | West Suffolk S.C.         |

## Event: 4. 50m Breaststroke, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                  | Time           | GB/BAG Pts | Club                      |
|-----|----------------------------|----------------|------------|---------------------------|
| 1   | HARRIS Maya (1995) (E)     | 00:38.83 SC QT | 521 (604)  | Diss Otters S.C.          |
| 2   | MURRAY Kelly (1990) (H)    | 00:38.98 SC QT | 515        | Sudbury & District S.C.   |
| 3   | PICKETT Ellie (1991) (H)   | 00:40.53       | 458        | Sudbury & District S.C.   |
| 4   | WESTLAKE Maya (1997) (C)   | 00:42.46 SC QT | 395 (475)  | Newmarket & District S.C. |
| 5   | MCGIVERN Lauren (1995) (E) | 00:42.70       | 388 (450)  | Newmarket & District S.C. |
| 6   | BLAKE Harriet (1994) (F)   | 00:43.17       | 374        | Sudbury & District S.C.   |
| 7   | VINE Abby (1995) (E)       | 00:43.17       | 374 (433)  | Newmarket & District S.C. |
| 8   | TOWNS Annabel (1996) (D)   | 00:43.35       | 369 (439)  | Felixstowe S.C.           |
| 9   | SWALLOW Bethany (1995) (E) | 00:43.84       | 356 (413)  | Ipswich S.C.              |
| 10  | HANN Bethan (1995) (E)     | 00:43.84       | 356 (413)  | Sudbury & District S.C.   |
| 11  | KING Sophie (1994) (F)     | 00:44.95       | 327        | Diss Otters S.C.          |
| 12  | MANN Rebecca (1996) (D)    | 00:46.73       | 285 (339)  | Hadleigh S.C.             |
| 13  | MO Lana (1999) (A)         | 00:47.32 SC QT | 273 (331)  | Sudbury & District S.C.   |
| 14  | HANN Kate (1997) (C)       | 00:47.74       | 264 (318)  | Sudbury & District S.C.   |
| 15  | LEDWITH Grace (1998) (C)   | 00:48.15       | 256 (308)  | Bishop's Stortford S.C.   |
| 16  | WRIGHT Hannah (1996) (D)   | 00:49.04       | 239 (284)  | West Suffolk S.C.         |
| 17  | MILSOM Mollie (1998) (B)   | 00:49.81       | 226 (270)  | Sudbury & District S.C.   |
| 18  | HEATON Sophie (1997) (C)   | 00:49.97       | 223 (268)  | Sudbury & District S.C.   |
| 19  | HALL Katie (1997) (C)      | 00:50.12       | 220 (265)  | Felixstowe S.C.           |
| 20  | MANNING Jade (1995) (E)    | 00:50.48       | 214 (248)  | Sudbury & District S.C.   |
| 21  | WHEATE Sancia (1997) (C)   | 00:51.74       | 195 (235)  | West Suffolk S.C.         |
| 22  | VOWLES Abigail (1999) (A)  | 00:52.77 SC QT | 180 (219)  | Sudbury & District S.C.   |

|    |                              |                |           |                           |
|----|------------------------------|----------------|-----------|---------------------------|
| 23 | CLARK Francesca (1997) (C)   | 00:53.46       | 171 (206) | Sudbury & District S.C.   |
| 24 | WRIGHT Brooke (1998) (B)     | 00:54.13       | 162 (194) | Sudbury & District S.C.   |
| 25 | NASH Sarah (1998) (B)        | 00:54.25       | 161 (193) | Newmarket & District S.C. |
| 26 | SHIELDS Eleanor (1999) (A)   | 00:54.40 SC QT | 159 (193) | West Suffolk S.C.         |
| 27 | WICKENS Charlotte (1997) (C) | 00:54.64       | 156 (188) | Deben S.C.                |
| 28 | MOTTRAM Bethany (1999) (A)   | 00:55.44       | 147 (178) | West Suffolk S.C.         |
| 29 | WALTERS Nella (1999) (A)     | 00:58.05       | 120 (146) | West Suffolk S.C.         |
| 30 | LUBBOCK Sophie (1999) (A)    | 01:01.67       | 91 (110)  | Newmarket & District S.C. |
| 31 | BOWERS Amy (1998) (B)        | 01:04.57       | 73 (87)   | Newmarket & District S.C. |
| 32 | BLOMFELD Imogen (1999) (A)   | 01:08.95       | 52 (63)   | Sudbury & District S.C.   |
| 33 | HARDING Charlotte (1998) (B) | 01:10.27       | 47 (56)   | Sudbury & District S.C.   |
| -- | WALMSLEY Lula (1997) (C)     | DSQ            | --        | Newmarket & District S.C. |

## Event: 5. 100m Freestyle, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                         | Time                          | GB/BAG Pts | Club                      |
|-----|-----------------------------------|-------------------------------|------------|---------------------------|
| 1   | COLLIER Sean (1993) (G)           | 00:58.62 EC QT, REG QT, SC QT | 558        | Newmarket & District S.C. |
| 2   | DEAL Ryan (1989) (H)              | 00:58.93 EC QT, SC QT         | 550        | Sudbury & District S.C.   |
| 3   | DEAL Alex (1992) (H)              | 01:00.50 SC QT                | 509        | Sudbury & District S.C.   |
| 4   | BASHIR Cameron (1994) (F)         | 01:02.41 EC QT, SC QT         | 463 (499)  | Sudbury & District S.C.   |
| 5   | WOTHERSPOON James (1991) (H)      | 01:03.27 SC QT                | 444        | Sudbury & District S.C.   |
| 6   | GOSLING Declan (1992) (H)         | 01:05.56 SC QT                | 397        | West Suffolk S.C.         |
| 7   | HEPTONSTALL Luke R (1994) (F)     | 01:05.84 SC QT                | 391 (421)  | Colchester S.C.           |
| 8   | O'CONNOR Charlie (1995) (E)       | 01:06.51 SC QT                | 378 (411)  | First Strokes S.C.        |
| 9   | CAME Richard (1994) (F)           | 01:06.74 SC QT                | 374 (403)  | Halstead S.C.             |
| 10  | PENTNEY Samuel (1992) (H)         | 01:08.82                      | 338        | Sudbury & District S.C.   |
| 11  | PETTICAN Seb (1996) (D)           | 01:10.20 EC QT, SC QT         | 315 (355)  | Newmarket & District S.C. |
| 12  | SALTER Tobie (1995) (F)           | 01:10.50                      | 311 (335)  | Felixstowe S.C.           |
| 13  | BRIARS Patrick (1996) (E)         | 01:11.58 SC QT                | 295 (320)  | West Suffolk S.C.         |
| 14  | AIREY George (1995) (E)           | 01:11.80 SC QT                | 292 (317)  | Halstead S.C.             |
| 15  | KWOK Chris (1996) (D)             | 01:12.32 SC QT                | 284 (320)  | Colchester S.C.           |
| 16  | WYATT Robert (1995) (E)           | 01:13.22                      | 272 (295)  | West Suffolk S.C.         |
| 17  | SADLER Harrison (1996) (D)        | 01:13.56 SC QT                | 267 (301)  | First Strokes S.C.        |
| 18  | WALMSLEY Jack (1995) (E)          | 01:14.84                      | 251 (273)  | First Strokes S.C.        |
| 19  | URWIN Jack (1996) (D)             | 01:15.88 SC QT                | 238 (268)  | Colchester S.C.           |
| 20  | ALEXANDER Michael (1995) (F)      | 01:16.34                      | 233 (251)  | Bishop's Stortford S.C.   |
| 21  | MURRAY George (1996) (D)          | 01:16.61                      | 230 (259)  | Felixstowe S.C.           |
| 22  | CALVER Lee (1995) (E)             | 01:16.71                      | 229 (249)  | Felixstowe S.C.           |
| 23  | BRYAN Joshua (1996) (D)           | 01:16.95 SC QT                | 226 (255)  | West Suffolk S.C.         |
| 24  | OLIVE Ben (1996) (D)              | 01:17.47                      | 220 (248)  | Hadleigh S.C.             |
| 25  | GREENHALGH Christopher (1996) (D) | 01:17.57                      | 219 (247)  | Sudbury & District S.C.   |
| 26  | COX Tim (1996) (D)                | 01:19.43                      | 200 (225)  | Halstead S.C.             |
| 27  | KIMPTON Robert (1995) (E)         | 01:20.15                      | 193 (210)  | West Suffolk S.C.         |
| 28  | MACKENZIE Henry (1997) (C)        | 01:20.62                      | 189 (212)  | Hadleigh S.C.             |
| 29  | BYHAM Matthew (1994) (F)          | 01:21.72                      | 179 (193)  | Sudbury & District S.C.   |

|    |                             |          |           |                           |
|----|-----------------------------|----------|-----------|---------------------------|
| 30 | ALEXANDER Ryan (1996) (D)   | 01:21.99 | 176 (198) | Sudbury & District S.C.   |
| 31 | GOSLING Bradley (1996) (D)  | 01:22.05 | 176 (198) | West Suffolk S.C.         |
| 32 | PENTNEY Benjamin (1995) (E) | 01:24.50 | 156 (169) | Sudbury & District S.C.   |
| 33 | CHRISTIE Samual (1997) (C)  | 01:38.71 | 77 (86)   | Newmarket & District S.C. |
| 34 | GREENHALGH Luke (1996) (D)  | 01:45.44 | 55 (62)   | Sudbury & District S.C.   |

## Event: 6. 100m Freestyle, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time                  | GB/BAG Pts | Club                      |
|-----|------------------------------|-----------------------|------------|---------------------------|
| 1   | STOREY Emily (1993) (G)      | 01:10.37 SC QT        | 464        | First Strokes S.C.        |
| 2   | STRATTON Katie (1992) (H)    | 01:10.76 SC QT        | 456        | Colchester S.C.           |
| 3   | WHITE Laura J (1994) (F)     | 01:10.89 SC QT        | 454        | First Strokes S.C.        |
| 4   | WESTLAKE Maya (1997) (C)     | 01:11.74 SC QT        | 437 (465)  | Newmarket & District S.C. |
| 5   | WALMSLEY Katie (1995) (E)    | 01:11.94 SC QT        | 434 (465)  | First Strokes S.C.        |
| 6   | LOWE Rebecca (1995) (E)      | 01:13.10 SC QT        | 412 (441)  | Halstead S.C.             |
| 7   | PICKETT Ellie (1991) (H)     | 01:13.97              | 397        | Sudbury & District S.C.   |
| 8   | COX Alexa (1996) (D)         | 01:14.07 SC QT        | 395 (419)  | Halstead S.C.             |
| =   | HEATON Emma (1994) (F)       | 01:14.07              | 395        | Sudbury & District S.C.   |
| 10  | ARTHRELL Hayley (1994) (F)   | 01:14.29              | 391        | First Strokes S.C.        |
| 11  | MILSOM Mollie (1998) (B)     | 01:14.70 EC QT, SC QT | 384 (413)  | Sudbury & District S.C.   |
| 12  | CRAGO Rebecca (1991) (H)     | 01:14.73              | 384        | Sudbury & District S.C.   |
| 13  | DILLING Jessica (1995) (E)   | 01:15.04              | 379 (406)  | Sudbury & District S.C.   |
| 14  | WOOLER Harriet (1995) (F)    | 01:15.48              | 371        | Sudbury & District S.C.   |
| 15  | BLACKWELL Abigail (1995) (E) | 01:15.71              | 368 (394)  | First Strokes S.C.        |
| 16  | SKORNIA Vicky (1995) (E)     | 01:15.78              | 367 (393)  | Colchester S.C.           |
| 17  | KING Sophie (1994) (F)       | 01:15.91              | 365        | Diss Otters S.C.          |
| 18  | CARROLL Julia (1992) (H)     | 01:15.92              | 364        | Sudbury & District S.C.   |
| 19  | BIRD Sarah (1996) (D)        | 01:16.44 SC QT        | 356 (378)  | Colchester S.C.           |
| 20  | HANN Bethan (1995) (E)       | 01:16.95              | 348 (373)  | Sudbury & District S.C.   |
| 21  | CALDER Melanie (1996) (D)    | 01:17.43              | 341 (362)  | Colchester S.C.           |
| 22  | SWALLOW Bethany (1995) (E)   | 01:17.64              | 338 (362)  | Ipswich S.C.              |
| 23  | BAIN Hannah (1994) (F)       | 01:17.81              | 335        | Colchester S.C.           |
| 24  | MANN Rebecca (1996) (D)      | 01:17.88              | 334 (355)  | Hadleigh S.C.             |
| 25  | LEDWITH Grace (1998) (C)     | 01:18.10 SC QT        | 331 (352)  | Bishop's Stortford S.C.   |
| 26  | HOWARD Sophie (1997) (D)     | 01:18.42              | 327 (347)  | Braintree & Bocking S.C.  |
| 27  | DOVE Alyce (1996) (D)        | 01:18.70              | 323 (343)  | Clacton SC                |
| 28  | OSBORNE Jessica (1995) (E)   | 01:18.79              | 321 (344)  | West Suffolk S.C.         |
| 29  | KING Francesca (1996) (D)    | 01:18.91              | 320 (340)  | Sudbury & District S.C.   |
| 30  | CRESSWELL Selina (1996) (D)  | 01:19.13              | 317 (337)  | Colchester S.C.           |
| 31  | MCCOURT Alex (1991) (H)      | 01:19.61              | 310        | West Suffolk S.C.         |
| 32  | THEOBALD Alice (1995) (E)    | 01:19.69              | 309 (331)  | Felixstowe S.C.           |
| 33  | GILLMAN Victoria (1996) (D)  | 01:20.65              | 296 (314)  | Colchester S.C.           |
| 34  | WRIGHT Kirstie (1994) (F)    | 01:20.72              | 295        | West Suffolk S.C.         |
| 35  | PORTER Cara (1996) (D)       | 01:21.32              | 288 (306)  | Colchester S.C.           |
| 36  | WEBBER Rebecca (1996) (D)    | 01:21.84              | 281 (298)  | Sudbury & District S.C.   |
| 37  | MILES Chloe (1996) (D)       | 01:21.86              | 281 (298)  | Colchester S.C.           |
| 38  | DOOLEY Megan (1995) (E)      | 01:21.94              | 280 (300)  | First Strokes S.C.        |

|    |                               |          |           |                           |
|----|-------------------------------|----------|-----------|---------------------------|
| 39 | MCINTOSH Brenna (1995) (E)    | 01:22.20 | 277 (297) | Sudbury & District S.C.   |
| 40 | KEEBLE Natasha (1996) (D)     | 01:22.77 | 270 (287) | First Strokes S.C.        |
| 41 | RAMSDALE Sophie (1995) (E)    | 01:23.33 | 264 (283) | Colchester S.C.           |
| 42 | PEARMAIN Lydia (1997) (C)     | 01:23.60 | 261 (277) | Colchester S.C.           |
| =  | ZEPEDA Charlotte (1996) (D)   | 01:23.60 | 261 (277) | Colchester S.C.           |
| 44 | THAKE Kelly (1996) (D)        | 01:23.84 | 258 (274) | Sudbury & District S.C.   |
| 45 | CORBETT Laetitia (1997) (C)   | 01:23.88 | 257 (273) | Hadleigh S.C.             |
| 46 | FRANCE Olivia (1997) (C)      | 01:24.26 | 253 (269) | Felixstowe S.C.           |
| 47 | MANNING Jade (1995) (E)       | 01:24.58 | 250 (268) | Sudbury & District S.C.   |
| 48 | HARDCASTLE Rebecca (1996) (D) | 01:26.72 | 227 (241) | Colchester S.C.           |
| 49 | HALL Katie (1997) (C)         | 01:26.80 | 227 (241) | Felixstowe S.C.           |
| =  | SIPPINGS Eleanor (1997) (C)   | 01:26.80 | 227 (241) | First Strokes S.C.        |
| 51 | WRIGHT Hannah (1996) (D)      | 01:27.38 | 221 (235) | West Suffolk S.C.         |
| 52 | SMITH Charlotte (1995) (E)    | 01:28.04 | 215 (230) | West Suffolk S.C.         |
| 53 | HANN Kate (1997) (C)          | 01:28.57 | 210 (223) | Sudbury & District S.C.   |
| 54 | LEVER Kendal (1997) (C)       | 01:29.05 | 205 (218) | First Strokes S.C.        |
| 55 | STAINES Megan (1997) (C)      | 01:29.28 | 203 (216) | Halstead S.C.             |
| 56 | CONNELL Charlotte (1995) (E)  | 01:31.79 | 182 (195) | Newmarket & District S.C. |
| 57 | MARVEN Charlotte (1997) (C)   | 01:32.11 | 180 (191) | Colchester S.C.           |
| 58 | STEPHENS-ROW Ana (1997) (C)   | 01:32.24 | 179 (190) | Colchester S.C.           |
| 59 | BETTIS Megan (1997) (C)       | 01:33.98 | 165 (175) | First Strokes S.C.        |
| 60 | BLACKWELL Chloe (1997) (C)    | 01:42.41 | 114 (121) | First Strokes S.C.        |

## Event: 7. 100m Ind. Medley, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                     | Time                  | GB/BAG Pts | Club                      |
|-----|-------------------------------|-----------------------|------------|---------------------------|
| 1   | WILLIAMS Thomas (1985) (H)    | 01:06.22 EC QT        | 572        | Sudbury & District S.C.   |
| 2   | DEAL Ryan (1989) (H)          | 01:07.18 EC QT        | 549        | Sudbury & District S.C.   |
| 3   | DAVIES Matthew (1993) (G)     | 01:13.86              | 411        | Colchester S.C.           |
| 4   | LLOYD Jake (1995) (E)         | 01:17.94              | 345 (413)  | Bishop's Stortford S.C.   |
| 5   | SADLER Harrison (1996) (D)    | 01:24.74              | 257 (326)  | First Strokes S.C.        |
| 6   | ALEXANDER Michael (1995) (F)  | 01:28.69              | 216 (248)  | Bishop's Stortford S.C.   |
| 7   | EGAN Jordan (1994) (F)        | 01:29.67              | 207 (238)  | First Strokes S.C.        |
| 8   | KWOK Timothy (1998) (B)       | 01:30.46 EC QT, SC QT | 200 (244)  | Colchester S.C.           |
| 9   | ALEXANDER Ryan (1996) (D)     | 01:30.70              | 198 (251)  | Sudbury & District S.C.   |
| 10  | BENNETT Elliot (1997) (C)     | 01:34.25              | 170 (213)  | Colchester S.C.           |
| 11  | LUBBOCK Ethan (1997) (C)      | 01:35.05              | 164 (205)  | Newmarket & District S.C. |
| 12  | TROWBRIDGE Jack (1997) (C)    | 01:38.34              | 142 (178)  | West Suffolk S.C.         |
| 13  | MILLS Robert (1997) (C)       | 01:39.03              | 138 (173)  | First Strokes S.C.        |
| 14  | PETERSON Alexander (1997) (C) | 01:40.68              | 129 (161)  | First Strokes S.C.        |
| 15  | COLLINS Kieran (1998) (B)     | 01:41.94 SC QT        | 122 (149)  | First Strokes S.C.        |
| 16  | HALLS Robert (1997) (C)       | 01:42.46              | 119 (149)  | Sudbury & District S.C.   |
| 17  | HALL Daniel (1998) (B)        | 01:43.47 SC QT        | 114 (139)  | Halstead S.C.             |
| 18  | DOCKERTY Hugo (1998) (B)      | 01:48.33              | 92 (112)   | First Strokes S.C.        |
| 19  | PENTNEY Joseph (1998) (B)     | 01:52.23              | 78 (95)    | Sudbury & District S.C.   |
| 20  | CHAPMAN William (1999) (A)    | 01:59.77              | 56 (63)    | Colchester S.C.           |
| --  | BLOMFIELD Thomas (1997) (C)   | DSQ                   | --         | Sudbury & District S.C.   |
| --  | STAINES Harrison (1999) (A)   | DSQ                   | --         | Halstead S.C.             |

|    |                         |     |    |                 |
|----|-------------------------|-----|----|-----------------|
| -- | TURNER David (1999) (A) | DSQ | -- | Colchester S.C. |
|----|-------------------------|-----|----|-----------------|

## Event: 8. 100m Ind. Medley, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                     | Time           | GB/BAG Pts | Club                      |
|-----|-------------------------------|----------------|------------|---------------------------|
| 1   | SKORNIA Vicky (1995) (E)      | 01:21.82       | 437 (488)  | Colchester S.C.           |
| 2   | WHITE Laura J (1994) (F)      | 01:21.85       | 436        | First Strokes S.C.        |
| 3   | ARTHRELL Hayley (1994) (F)    | 01:26.91       | 360        | First Strokes S.C.        |
| 4   | HOWARD Sophie (1997) (D)      | 01:27.06       | 357 (408)  | Braintree & Bocking S.C.  |
| 5   | LEDWITH Grace (1998) (C)      | 01:28.55 SC QT | 338 (379)  | Bishop's Stortford S.C.   |
| 6   | BLACKWELL Abigail (1995) (E)  | 01:29.42       | 327 (365)  | First Strokes S.C.        |
| 7   | RENDALL Honor (1997) (C)      | 01:30.87 SC QT | 309 (346)  | Halstead S.C.             |
| 8   | EGAN Niamh (1997) (C)         | 01:31.82 SC QT | 298 (334)  | First Strokes S.C.        |
| 9   | DOOLEY Megan (1995) (E)       | 01:34.69       | 267 (298)  | First Strokes S.C.        |
| 10  | HOLT Charlotte (1998) (B)     | 01:34.93 SC QT | 264 (297)  | Colchester S.C.           |
| 11  | KEEBLE Natasha (1996) (D)     | 01:35.08       | 263 (301)  | First Strokes S.C.        |
| 12  | MANNING Jade (1995) (E)       | 01:35.59       | 258 (288)  | Sudbury & District S.C.   |
| 13  | KOCZIAN Cameron (1998) (B)    | 01:36.81 SC QT | 246 (277)  | First Strokes S.C.        |
| 14  | PEARMAN Lydia (1997) (C)      | 01:36.95       | 245 (275)  | Colchester S.C.           |
| 15  | SIPPINGS Eleanor (1997) (C)   | 01:38.62       | 230 (258)  | First Strokes S.C.        |
| 16  | HALL Katie (1997) (C)         | 01:39.04       | 226 (253)  | Felixstowe S.C.           |
| 17  | WICKENS Charlotte (1997) (C)  | 01:42.49       | 198 (222)  | Deben S.C.                |
| 18  | CLARK Francesca (1997) (C)    | 01:42.83       | 195 (219)  | Sudbury & District S.C.   |
| 19  | MARVEN Charlotte (1997) (C)   | 01:44.07       | 186 (208)  | Colchester S.C.           |
| 20  | SADLER Caitlin (1998) (B)     | 01:44.38 SC QT | 184 (207)  | First Strokes S.C.        |
| 21  | HEATHERINGTON Cara (1999) (B) | 01:47.02       | 166 (187)  | Sudbury & District S.C.   |
| 22  | MOTTRAM Bethany (1999) (A)    | 01:47.32       | 164 (184)  | West Suffolk S.C.         |
| 23  | RICHS Jessica (1998) (B)      | 01:47.50       | 163 (183)  | First Strokes S.C.        |
| 24  | WALTERS Nella (1999) (A)      | 01:47.59 SC QT | 163 (183)  | West Suffolk S.C.         |
| 25  | STAINES Megan (1997) (C)      | 01:50.23       | 147 (165)  | Halstead S.C.             |
| 26  | SHREEVE Catherine (1998) (B)  | 01:50.94       | 143 (161)  | First Strokes S.C.        |
| 27  | ARTHRELL Megan (1999) (A)     | 01:53.01       | 132 (148)  | First Strokes S.C.        |
| 28  | JONES Holly (1998) (B)        | 01:57.41       | 112 (126)  | First Strokes S.C.        |
| 29  | CROWE Charlotte (1999) (A)    | 01:57.55       | 111 (125)  | Halstead S.C.             |
| 30  | BLACKWELL Chloe (1997) (C)    | 01:58.99       | 105 (118)  | First Strokes S.C.        |
| 31  | BATES Jennifer (1998) (B)     | 01:59.46       | 103 (116)  | First Strokes S.C.        |
| 32  | STEPHENS-ROW Ana (1997) (C)   | 01:59.85       | 102 (114)  | Colchester S.C.           |
| 33  | LUBBOCK Sophie (1999) (A)     | 02:02.65       | 91 (102)   | Newmarket & District S.C. |
| 34  | VICKERS Hannah (2000) (A)     | 02:04.21       | 86 (97)    | Colchester S.C.           |
| --  | AJALA Angelique (1997) (C)    | DSQ            | --         | Colchester S.C.           |
| --  | HEPTONSTALL Rachel (1999) (A) | DSQ            | --         | Colchester S.C.           |
| --  | MAIN Emma (1998) (B)          | DSQ            | --         | Sudbury & District S.C.   |
| --  | SAMPHER Bethany (1999) (A)    | DSQ            | --         | Newmarket & District S.C. |
| --  | STOREY Louisa (1999) (B)      | DSQ            | --         | First Strokes S.C.        |

## Event: 9. 200m Butterfly, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time           | GB/BAG Pts | Club                      |
|-----|------------------------------|----------------|------------|---------------------------|
| 1   | SPEAR Adam (1991) (H)        | 02:29.30 SC QT | 470        | Clacton SC                |
| 2   | LLOYD Jake (1995) (E)        | 03:00.26 SC QT | 249 (295)  | Bishop's Stortford S.C.   |
| 3   | KWOK Chris (1996) (D)        | 03:21.88       | 160 (200)  | Colchester S.C.           |
| 4   | BENNETT Elliot (1997) (C)    | 04:01.61       | 71 (89)    | Colchester S.C.           |
| 5   | BASLINGTON Thomas (1999) (A) | 04:12.33       | 57 (106)   | Halstead S.C.             |
| --  | COLLIER Sean (1993) (G)      | DSQ            | --         | Newmarket & District S.C. |

### Event: 10. 200m Butterfly, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                   | Time           | GB/BAG Pts | Club                    |
|-----|-----------------------------|----------------|------------|-------------------------|
| 1   | STRATTON Katie (1992) (H)   | 02:56.14 SC QT | 395        | Colchester S.C.         |
| 2   | BARTON Charlotte (1995) (E) | 03:05.31 SC QT | 334 (378)  | Bishop's Stortford S.C. |
| 3   | SKORNIA Vicky (1995) (E)    | 03:28.82       | 217 (246)  | Colchester S.C.         |
| 4   | CALDER Melanie (1996) (D)   | 03:31.00 SC QT | 208 (241)  | Colchester S.C.         |
| 5   | FLIGHT Hannah (1995) (E)    | 03:34.67       | 195 (221)  | Witham Dolphins S.C.    |
| 6   | KEEBLE Natasha (1996) (D)   | 03:37.32       | 185 (215)  | First Strokes S.C.      |
| 7   | GILLMAN Victoria (1996) (D) | 03:59.67       | 123 (143)  | Colchester S.C.         |
| 8   | MARVEN Charlotte (1997) (C) | 04:25.24       | 77 (94)    | Colchester S.C.         |
| 9   | RIDES Gemma (1998) (B)      | 04:43.64       | 55 (74)    | Sudbury & District S.C. |
| --  | FLIGHT Lauren (1994) (F)    | DNS            | --         | Witham Dolphins S.C.    |

### Event: 11. 50m Freestyle, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time           | GB/BAG Pts | Club                      |
|-----|------------------------------|----------------|------------|---------------------------|
| 1   | BUCK Ashley (1980) (H)       | 00:25.61 SC QT | 625        | Sudbury & District S.C.   |
| 2   | HUGHES Tristan J (1992) (H)  | 00:26.92 SC QT | 543        | Felixstowe S.C.           |
| 3   | FINEGAN Peter (1993) (G)     | 00:29.27       | 421        | Felixstowe S.C.           |
| 4   | WOTHERSPOON James (1991) (H) | 00:29.33       | 418        | Sudbury & District S.C.   |
| 5   | COOPER Robert (1995) (E)     | 00:29.38 SC QT | 416 (493)  | West Suffolk S.C.         |
| 6   | BASHIR Cameron (1994) (F)    | 00:29.52 SC QT | 409 (472)  | Sudbury & District S.C.   |
| 7   | BARTON Matthew (1992) (H)    | 00:29.71       | 401        | Bishop's Stortford S.C.   |
| 8   | PENTNEY Samuel (1992) (H)    | 00:29.79       | 398        | Sudbury & District S.C.   |
| 9   | TURNER Ben (1994) (F)        | 00:29.84       | 396 (457)  | West Suffolk S.C.         |
| 10  | WESTLAKE Braddan (1995) (E)  | 00:29.92 SC QT | 392 (464)  | Newmarket & District S.C. |
| 11  | GOSLING Declan (1992) (H)    | 00:29.99       | 389        | West Suffolk S.C.         |
| 12  | D'SOUZA Matthew (1995) (E)   | 00:31.08       | 346 (410)  | Hadleigh S.C.             |
| 13  | REYNOLDS Matthew (1995) (E)  | 00:31.33       | 337 (399)  | Stowmarket S.C.           |
| 14  | KING Graham (1963) (H)       | 00:31.36       | 335        | Sudbury & District S.C.   |
| 15  | JIANG John (1995) (E)        | 00:31.79       | 320 (379)  | Sudbury & District S.C.   |
| 16  | PETTICAN Seb (1996) (D)      | 00:32.14 SC QT | 308 (372)  | Newmarket & District S.C. |
| 17  | MINNS Samuel (1996) (D)      | 00:32.26 SC QT | 304 (367)  | Newmarket & District S.C. |
| 18  | FUSSEY Alex (1995) (E)       | 00:33.44       | 268 (317)  | Newmarket & District S.C. |
| 19  | FINEGAN Daniel (1997) (C)    | 00:33.62       | 263 (311)  | Felixstowe S.C.           |
| 20  | SALTER Tobie (1995) (F)      | 00:33.77       | 258 (298)  | Felixstowe S.C.           |
| 21  | CALVER Lee (1995) (E)        | 00:33.95       | 253 (300)  | Felixstowe S.C.           |
| 22  | MURRAY George (1996) (D)     | 00:34.11       | 249 (300)  | Felixstowe S.C.           |

|    |                                   |                |           |                           |
|----|-----------------------------------|----------------|-----------|---------------------------|
| 23 | ALEXANDER Michael (1995) (F)      | 00:34.24       | 246 (284) | Bishop's Stortford S.C.   |
| 24 | BUCKLE Thomas (1997) (C)          | 00:34.69 SC QT | 234 (276) | West Suffolk S.C.         |
| 25 | MACKENZIE Henry (1997) (C)        | 00:34.94       | 228 (269) | Hadleigh S.C.             |
| 26 | BRYAN Joshua (1996) (D)           | 00:35.70       | 210 (253) | West Suffolk S.C.         |
| 27 | KIMPTON Robert (1995) (E)         | 00:36.19       | 199 (236) | West Suffolk S.C.         |
| =  | PENTNEY Benjamin (1995) (E)       | 00:36.19       | 199 (236) | Sudbury & District S.C.   |
| 29 | GREENHALGH Christopher (1996) (D) | 00:36.37       | 195 (235) | Sudbury & District S.C.   |
| 30 | HALLS Robert (1997) (C)           | 00:36.54       | 191 (226) | Sudbury & District S.C.   |
| 31 | GOSLING Bradley (1996) (D)        | 00:36.76       | 187 (226) | West Suffolk S.C.         |
| 32 | LUBBOCK Ethan (1997) (C)          | 00:37.72       | 168 (198) | Newmarket & District S.C. |
| 33 | TROWBRIDGE Jack (1997) (C)        | 00:38.08       | 162 (191) | West Suffolk S.C.         |
| 34 | BUCKLE Gregory (1999) (A)         | 00:38.79 SC QT | 150 (152) | West Suffolk S.C.         |
| 35 | BRYAN Peter James (1999) (A)      | 00:41.15 SC QT | 116 (118) | West Suffolk S.C.         |
| 36 | BLOMFIELD Thomas (1997) (C)       | 00:41.82       | 108 (128) | Sudbury & District S.C.   |
| 37 | GRANT Alistair (1998) (B)         | 00:42.29       | 102 (117) | Hadleigh S.C.             |
| 38 | PENTNEY Joseph (1998) (B)         | 00:43.22       | 93 (107)  | Sudbury & District S.C.   |
| 39 | CHRISTIE Samuel (1997) (C)        | 00:43.48       | 90 (106)  | Newmarket & District S.C. |
| 40 | CLARK Samuel (1998) (B)           | 00:44.76       | 78 (89)   | Sudbury & District S.C.   |
| 41 | CHRISTIE William (1999) (A)       | 00:45.36       | 73 (74)   | Newmarket & District S.C. |
| 42 | HALLS Andrew (2000)               | 01:01.90       | 12        | Sudbury & District S.C.   |

## Event: 12. 50m Freestyle, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                   | Time           | GB/BAG Pts | Club                      |
|-----|-----------------------------|----------------|------------|---------------------------|
| 1   | ALLEN Claire (1987) (H)     | 00:30.64       | 541        | Sudbury & District S.C.   |
| 2   | MURRAY Kelly (1990) (H)     | 00:30.82       | 532        | Sudbury & District S.C.   |
| 3   | TOWNS Annabel (1996) (D)    | 00:31.36 SC QT | 505 (574)  | Felixstowe S.C.           |
| 4   | LOWE Rebecca (1995) (E)     | 00:32.46       | 455 (517)  | Halstead S.C.             |
| 5   | HARRIS Maya (1995) (E)      | 00:32.51       | 452 (513)  | Diss Otters S.C.          |
| =   | WHITE Parris (1993) (G)     | 00:32.51       | 452        | Newmarket & District S.C. |
| 7   | WESTLAKE Maya (1997) (C)    | 00:32.68 SC QT | 445 (495)  | Newmarket & District S.C. |
| 8   | VINE Abby (1995) (E)        | 00:32.91       | 436 (495)  | Newmarket & District S.C. |
| 9   | RANSON Danielle (1995) (E)  | 00:33.31       | 419 (476)  | West Suffolk S.C.         |
| 10  | RIDES Ella (1996) (D)       | 00:33.36 SC QT | 417 (474)  | Sudbury & District S.C.   |
| 11  | REEDER Hannah (1995) (E)    | 00:33.40       | 416 (472)  | Newmarket & District S.C. |
| 12  | VERSEY Sarah (1995) (E)     | 00:33.69       | 404 (459)  | Felixstowe S.C.           |
| 13  | HEATON Emma (1994) (F)      | 00:34.09       | 389        | Sudbury & District S.C.   |
| 14  | CASBURN Gemma (1994) (F)    | 00:34.62       | 370        | Felixstowe S.C.           |
| 15  | MCINTOSH Romy (1993) (G)    | 00:35.08       | 354        | Sudbury & District S.C.   |
| 16  | CRAGO Rebecca (1991) (H)    | 00:35.34       | 345        | Sudbury & District S.C.   |
| 17  | KING Francesca (1996) (D)   | 00:35.57       | 338 (384)  | Sudbury & District S.C.   |
| 18  | SWALLOW Bethany (1995) (E)  | 00:35.69       | 334 (379)  | Ipswich S.C.              |
| 19  | CORBETT Laetitia (1997) (C) | 00:35.74       | 333 (371)  | Hadleigh S.C.             |
| 20  | DILLING Jessica (1995) (E)  | 00:35.82       | 330 (375)  | Sudbury & District S.C.   |
| 21  | MANN Rebecca (1996) (D)     | 00:35.89       | 328 (373)  | Hadleigh S.C.             |
| 22  | MCCOURT Alex (1991) (H)     | 00:35.95       | 326        | West Suffolk S.C.         |
| 23  | THEOBALD Alice (1995) (E)   | 00:36.02       | 324 (368)  | Felixstowe S.C.           |
| 24  | MO Lana (1999) (A)          | 00:36.04 SC QT | 323 (323)  | Sudbury & District S.C.   |

|    |                               |                |           |                           |
|----|-------------------------------|----------------|-----------|---------------------------|
| 25 | BLAKE Harriet (1994) (F)      | 00:36.31       | 315       | Sudbury & District S.C.   |
| 26 | WRIGHT Kirstie (1994) (F)     | 00:36.81       | 300       | West Suffolk S.C.         |
| 27 | THAKE Kelly (1996) (D)        | 00:37.80       | 273 (310) | Sudbury & District S.C.   |
| 28 | HANN Kate (1997) (C)          | 00:37.95       | 269 (299) | Sudbury & District S.C.   |
| 29 | MCINTOSH Brenna (1995) (E)    | 00:38.18       | 264 (300) | Sudbury & District S.C.   |
| 30 | MANNING Jade (1995) (E)       | 00:38.35       | 259 (294) | Sudbury & District S.C.   |
| 31 | OLLINGTON Molly (1998) (B)    | 00:39.28 SC QT | 237 (252) | Newmarket & District S.C. |
| 32 | CLARK Francesca (1997) (C)    | 00:39.54       | 231 (257) | Sudbury & District S.C.   |
| =  | WRIGHT Hannah (1996) (D)      | 00:39.54       | 231 (263) | West Suffolk S.C.         |
| 34 | WHEATE Sancia (1997) (C)      | 00:39.65       | 229 (255) | West Suffolk S.C.         |
| 35 | HEATHERINGTON Cara (1999) (B) | 00:40.61 SC QT | 209 (222) | Sudbury & District S.C.   |
| 36 | VOWLES Abigail (1999) (A)     | 00:40.66 SC QT | 208 (208) | Sudbury & District S.C.   |
| 37 | WALTERS Nella (1999) (A)      | 00:40.92 SC QT | 203 (203) | West Suffolk S.C.         |
| 38 | WICKENS Charlotte (1997) (C)  | 00:40.93       | 203 (226) | Deben S.C.                |
| 39 | STAINES Megan (1997) (C)      | 00:41.35       | 195 (217) | Halstead S.C.             |
| 40 | WALMSLEY Lula (1997) (C)      | 00:41.51       | 192 (214) | Newmarket & District S.C. |
| 41 | GRIFFITHS Keeley (1997) (C)   | 00:41.83       | 186 (207) | West Suffolk S.C.         |
| 42 | SHIELDS Eleanor (1999) (A)    | 00:41.91 SC QT | 185 (185) | West Suffolk S.C.         |
| 43 | MOTTRAM Bethany (1999) (A)    | 00:43.63       | 157 (157) | West Suffolk S.C.         |
| 44 | LUBBOCK Sophie (1999) (A)     | 00:47.37       | 110 (110) | Newmarket & District S.C. |
| 45 | SAMPHER Bethany (1999) (A)    | 00:49.29       | 91 (91)   | Newmarket & District S.C. |
| 46 | HARDING Charlotte (1998) (B)  | 00:57.37       | 42 (45)   | Sudbury & District S.C.   |
| 47 | BLOMFIELD Imogen (1999) (A)   | 00:58.09       | 39 (39)   | Sudbury & District S.C.   |
| -- | WRIGHT Brooke (1998) (B)      | DSQ            | --        | Sudbury & District S.C.   |

## Event: 13. 100m Breaststroke, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                     | Time                  | GB/BAG Pts | Club                      |
|-----|-------------------------------|-----------------------|------------|---------------------------|
| 1   | BASHIR Cameron (1994) (F)     | 01:19.91 EC QT, SC QT | 423 (476)  | Sudbury & District S.C.   |
| 2   | HEPTONSTALL Luke R (1994) (F) | 01:24.16 SC QT        | 358 (403)  | Colchester S.C.           |
| 3   | COLLIER Craig (1994) (F)      | 01:26.57 SC QT        | 325 (366)  | Newmarket & District S.C. |
| 4   | HARGRAVE Ryan (1994) (F)      | 01:29.12              | 294 (331)  | Diss Otters S.C.          |
| 5   | BYHAM Matthew (1994) (F)      | 01:30.61              | 277 (312)  | Sudbury & District S.C.   |
| 6   | COOPER Robert (1995) (E)      | 01:31.40 SC QT        | 268 (310)  | West Suffolk S.C.         |
| 7   | O'CONNOR Charlie (1995) (E)   | 01:32.71              | 255 (295)  | First Strokes S.C.        |
| 8   | HARRISON Guy (1996) (D)       | 01:32.74 SC QT        | 254 (315)  | Colchester S.C.           |
| 9   | SADLER Harrison (1996) (D)    | 01:33.40 SC QT        | 248 (307)  | First Strokes S.C.        |
| 10  | MURRAY George (1996) (D)      | 01:34.02              | 242 (300)  | Felixstowe S.C.           |
| 11  | PARKER Liam (1996) (D)        | 01:34.35 SC QT        | 239 (296)  | Clacton SC                |
| 12  | EGAN Jordan (1994) (F)        | 01:38.98              | 199 (224)  | First Strokes S.C.        |
| 13  | BRYAN Joshua (1996) (D)       | 01:42.07              | 176 (218)  | West Suffolk S.C.         |
| 14  | PETTICAN Seb (1996) (D)       | 01:42.16              | 175 (217)  | Newmarket & District S.C. |
| 15  | PENTNEY Benjamin (1995) (E)   | 01:43.85              | 164 (190)  | Sudbury & District S.C.   |
| 16  | KIMPTON Robert (1995) (E)     | 01:46.23              | 149 (172)  | West Suffolk S.C.         |
| 17  | GREENHALGH Luke (1996) (D)    | 02:03.75              | 74 (92)    | Sudbury & District S.C.   |
| --  | KING Jordan (1996) (D)        | DSQ                   | --         | Diss Otters S.C.          |

# Event: 14. 100m Breaststroke, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                     | Time                          | GB/BAG Pts | Club                      |
|-----|-------------------------------|-------------------------------|------------|---------------------------|
| 1   | REEDER Hannah (1995) (E)      | 01:23.17 EC QT, SC QT         | 535 (596)  | Newmarket & District S.C. |
| 2   | MURRAY Kelly (1990) (H)       | 01:26.33 SC QT                | 479        | Sudbury & District S.C.   |
| 3   | RIDES Ella (1996) (D)         | 01:27.99 EC QT, REG QT, SC QT | 452 (521)  | Sudbury & District S.C.   |
| 4   | STRATTON Katie (1992) (H)     | 01:28.66 SC QT                | 441        | Colchester S.C.           |
| 5   | PICKETT Ellie (1991) (H)      | 01:31.27                      | 402        | Sudbury & District S.C.   |
| 6   | BARTON Charlotte (1995) (E)   | 01:34.38                      | 361 (402)  | Bishop's Stortford S.C.   |
| 7   | VINE Abby (1995) (E)          | 01:34.62 SC QT                | 358 (399)  | Newmarket & District S.C. |
| 8   | WALMSLEY Katie (1995) (E)     | 01:34.96 SC QT                | 353 (393)  | First Strokes S.C.        |
| 9   | SKORNIA Vicky (1995) (E)      | 01:35.18 SC QT                | 351 (391)  | Colchester S.C.           |
| 10  | HANN Bethan (1995) (E)        | 01:35.83                      | 343 (382)  | Sudbury & District S.C.   |
| 11  | MCGIVERN Lauren (1995) (E)    | 01:36.20                      | 338 (377)  | Newmarket & District S.C. |
| 12  | BAIN Hannah (1994) (F)        | 01:36.29                      | 337        | Colchester S.C.           |
| 13  | DOOLEY Megan (1995) (E)       | 01:37.32                      | 325 (362)  | First Strokes S.C.        |
| 14  | ARTHRELL Hayley (1994) (F)    | 01:39.65                      | 300        | First Strokes S.C.        |
| 15  | CASBURN Gemma (1994) (F)      | 01:39.76                      | 298        | Felixstowe S.C.           |
| 16  | BLACKWELL Abigail (1995) (E)  | 01:40.34                      | 292 (325)  | First Strokes S.C.        |
| 17  | CALDER Melanie (1996) (D)     | 01:40.74                      | 288 (332)  | Colchester S.C.           |
| 18  | HOWARD Sophie (1997) (D)      | 01:43.32                      | 263 (303)  | Braintree & Bocking S.C.  |
| 19  | MILES Chloe (1996) (D)        | 01:43.45                      | 262 (302)  | Colchester S.C.           |
| 20  | PORTER Cara (1996) (D)        | 01:43.49                      | 262 (302)  | Colchester S.C.           |
| 21  | MANN Rebecca (1996) (D)       | 01:44.35                      | 254 (293)  | Hadleigh S.C.             |
| 22  | BAUCKHAM Millie (1996) (D)    | 01:44.39                      | 253 (291)  | Braintree & Bocking S.C.  |
| 23  | CRESSWELL Selina (1996) (D)   | 01:44.50                      | 252 (290)  | Colchester S.C.           |
| 24  | RAMSDALE Sophie (1995) (E)    | 01:45.17                      | 247 (275)  | Colchester S.C.           |
| 25  | HANN Kate (1997) (C)          | 01:45.75                      | 242 (284)  | Sudbury & District S.C.   |
| 26  | ZEPEDA Charlotte (1996) (D)   | 01:45.99                      | 240 (276)  | Colchester S.C.           |
| 27  | HARDCASTLE Rebecca (1996) (D) | 01:46.58                      | 235 (271)  | Colchester S.C.           |
| 28  | HEATON Sophie (1997) (C)      | 01:47.84                      | 224 (263)  | Sudbury & District S.C.   |
| 29  | BIRD Sarah (1996) (D)         | 01:48.72                      | 218 (251)  | Colchester S.C.           |
| =   | GILLMAN Victoria (1996) (D)   | 01:48.72                      | 218 (251)  | Colchester S.C.           |
| 31  | MILSOM Mollie (1998) (B)      | 01:49.57                      | 211 (259)  | Sudbury & District S.C.   |
| 32  | CONNELL Charlotte (1995) (E)  | 01:51.84                      | 195 (217)  | Newmarket & District S.C. |
| 33  | MAIN Emma (1998) (B)          | 01:53.54                      | 184 (226)  | Sudbury & District S.C.   |
| 34  | MANNING Jade (1995) (E)       | 01:55.10                      | 174 (194)  | Sudbury & District S.C.   |
| 35  | LEVER Kendal (1997) (C)       | 01:57.19                      | 161 (189)  | First Strokes S.C.        |
| 36  | STAINES Megan (1997) (C)      | 02:05.67                      | 120 (141)  | Halstead S.C.             |
| 37  | BLACKWELL Chloe (1997) (C)    | 02:05.70                      | 119 (140)  | First Strokes S.C.        |
| 38  | STEPHENS-ROW Ana (1997) (C)   | 02:14.63                      | 87 (102)   | Colchester S.C.           |
| 39  | AJALA Angelique (1997) (C)    | 02:20.82                      | 70 (82)    | Colchester S.C.           |

**Event: 15. 200m Freestyle, Male, All Ages, HDW, 10/01/2009 Overall result**

| Pos | Name, YOB                         | Time                  | GB/BAG Pts | Club                      |
|-----|-----------------------------------|-----------------------|------------|---------------------------|
| 1   | SPEAR Adam (1991) (H)             | 02:09.60 SC QT        | 556        | Clacton SC                |
| 2   | BASHIR Cameron (1994) (F)         | 02:15.73 EC QT, SC QT | 485 (497)  | Sudbury & District S.C.   |
| 3   | FINEGAN Peter (1993) (G)          | 02:15.84 SC QT        | 483        | Felixstowe S.C.           |
| 4   | SARAH Tom (1994) (F)              | 02:25.30              | 391 (401)  | West Suffolk S.C.         |
| 5   | KEMP Adam (1994) (F)              | 02:26.14              | 384 (393)  | Newmarket & District S.C. |
| 6   | WESTLAKE Braddan (1995) (E)       | 02:26.96 SC QT        | 377 (396)  | Newmarket & District S.C. |
| 7   | GOSLING Declan (1992) (H)         | 02:28.03              | 368        | West Suffolk S.C.         |
| 8   | REYNOLDS Matthew (1995) (E)       | 02:30.69              | 347 (365)  | Stowmarket S.C.           |
| 9   | JIANG John (1995) (E)             | 02:32.76              | 331 (348)  | Sudbury & District S.C.   |
| 10  | MINNS Samuel (1996) (D)           | 02:39.13 SC QT        | 287 (306)  | Newmarket & District S.C. |
| 11  | SADLER Harrison (1996) (D)        | 02:39.48 SC QT        | 285 (303)  | First Strokes S.C.        |
| 12  | FINEGAN Daniel (1997) (C)         | 02:39.50 SC QT        | 285 (301)  | Felixstowe S.C.           |
| 13  | KWOK Chris (1996) (D)             | 02:41.43              | 273 (291)  | Colchester S.C.           |
| 14  | WYATT Robert (1995) (E)           | 02:43.65              | 260 (273)  | West Suffolk S.C.         |
| 15  | OLIVE Ben (1996) (D)              | 02:52.09              | 215 (229)  | Hadleigh S.C.             |
| 16  | GREENHALGH Christopher (1996) (D) | 02:52.38              | 214 (228)  | Sudbury & District S.C.   |
| 17  | YOUNG Taylor (1997) (C)           | 02:53.21              | 210 (222)  | Colchester S.C.           |
| 18  | LUBBOCK Ethan (1997) (C)          | 02:56.60              | 195 (206)  | Newmarket & District S.C. |
| 19  | GOSLING Bradley (1996) (D)        | 02:57.28              | 192 (204)  | West Suffolk S.C.         |
| 20  | KING Jordan (1996) (D)            | 03:00.28              | 179 (191)  | Diss Otters S.C.          |
| 21  | EGAN Jordan (1994) (F)            | 03:06.32              | 157 (161)  | First Strokes S.C.        |
| 22  | TROWBRIDGE Jack (1997) (C)        | 03:09.90              | 144 (152)  | West Suffolk S.C.         |
| 23  | HALL Daniel (1998) (B)            | 03:10.58 SC QT        | 142 (147)  | Halstead S.C.             |
| 24  | BASLINGTON Thomas (1999) (A)      | 03:21.27 SC QT        | 112 (112)  | Halstead S.C.             |
| 25  | HALLS Robert (1997) (C)           | 03:21.52              | 111 (117)  | Sudbury & District S.C.   |
| 26  | STAINES Harrison (1999) (A)       | 03:25.93 SC QT        | 101 (101)  | Halstead S.C.             |
| 27  | BRYAN Peter James (1999) (A)      | 03:31.29              | 89 (89)    | West Suffolk S.C.         |
| 28  | CLARK Samuel (1998) (B)           | 03:47.24              | 63 (65)    | Sudbury & District S.C.   |

**Event: 16. 200m Freestyle, Female, All Ages, HDW, 10/01/2009 Overall result**

| Pos | Name, YOB                    | Time           | GB/BAG Pts | Club                      |
|-----|------------------------------|----------------|------------|---------------------------|
| 1   | WALMSLEY Katie (1995) (E)    | 02:32.96 SC QT | 467 (479)  | First Strokes S.C.        |
| 2   | WHITE Parris (1993) (G)      | 02:34.75       | 451        | Newmarket & District S.C. |
| 3   | COX Alexa (1996) (D)         | 02:34.85 SC QT | 450 (463)  | Halstead S.C.             |
| 4   | VERSEY Sarah (1995) (E)      | 02:34.96 SC QT | 449 (460)  | Felixstowe S.C.           |
| 5   | REEDER Hannah (1995) (E)     | 02:36.28       | 437 (448)  | Newmarket & District S.C. |
| 6   | WHITE Laura J (1994) (F)     | 02:36.30       | 437        | First Strokes S.C.        |
| 7   | WOOLER Harriet (1995) (F)    | 02:38.06       | 422        | Sudbury & District S.C.   |
| 8   | RIDES Ella (1996) (D)        | 02:41.36       | 395 (406)  | Sudbury & District S.C.   |
| 9   | WESTLAKE Maya (1997) (C)     | 02:42.31       | 388 (399)  | Newmarket & District S.C. |
| 10  | BLACKWELL Abigail (1995) (E) | 02:42.51       | 386 (396)  | First Strokes S.C.        |
| 11  | KING Sophie (1994) (F)       | 02:45.50       | 364        | Diss Otters S.C.          |
| 12  | ARTHRELL Hayley (1994) (F)   | 02:45.60       | 363        | First Strokes S.C.        |

|    |                             |                       |           |                          |
|----|-----------------------------|-----------------------|-----------|--------------------------|
| 13 | CALDER Melanie (1996) (D)   | 02:47.88              | 347 (357) | Colchester S.C.          |
| 14 | MCCOURT Alex (1991) (H)     | 02:48.34              | 343       | West Suffolk S.C.        |
| 15 | BAIN Hannah (1994) (F)      | 02:48.62              | 341       | Colchester S.C.          |
| 16 | SWALLOW Bethany (1995) (E)  | 02:49.19              | 338 (346) | Ipswich S.C.             |
| 17 | OSBORNE Jessica (1995) (E)  | 02:50.28              | 330 (338) | West Suffolk S.C.        |
| 18 | HOWARD Sophie (1997) (D)    | 02:51.11              | 325 (334) | Braintree & Bocking S.C. |
| 19 | CRAGO Rebecca (1991) (H)    | 02:51.56              | 322       | Sudbury & District S.C.  |
| 20 | DOVE Alyce (1996) (D)       | 02:52.69              | 315 (324) | Clacton SC               |
| 21 | BAUCKHAM Millie (1996) (D)  | 02:53.04              | 313 (322) | Braintree & Bocking S.C. |
| 22 | THEOBALD Alice (1995) (E)   | 02:53.11              | 312 (320) | Felixstowe S.C.          |
| 23 | MANN Rebecca (1996) (D)     | 02:55.59              | 297 (305) | Hadleigh S.C.            |
| 24 | HANN Bethan (1995) (E)      | 02:56.31              | 293 (300) | Sudbury & District S.C.  |
| 25 | GILLMAN Victoria (1996) (D) | 02:58.28              | 281 (289) | Colchester S.C.          |
| 26 | HOLT Charlotte (1998) (B)   | 03:02.27              | 260 (260) | Colchester S.C.          |
| 27 | WHEATE Sancia (1997) (C)    | 03:02.34              | 259 (266) | West Suffolk S.C.        |
| 28 | DULEY Martha (1999) (A)     | 03:14.29 EC QT, SC QT | 204 (215) | Colchester S.C.          |
| 29 | VOWLES Abigail (1999) (A)   | 03:15.82 SC QT        | 198 (208) | Sudbury & District S.C.  |
| 30 | RIDES Gemma (1998) (B)      | 03:15.89 SC QT        | 198 (198) | Sudbury & District S.C.  |

## Event: 17. 50m Butterfly, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time           | GB/BAG Pts | Club                      |
|-----|------------------------------|----------------|------------|---------------------------|
| 1   | HARGRAVE Ryan (1994) (F)     | 00:33.22 SC QT | 356 (434)  | Diss Otters S.C.          |
| 2   | COLLIER Craig (1994) (F)     | 00:33.99 SC QT | 330 (402)  | Newmarket & District S.C. |
| 3   | CHISHOLM Angus (1993) (G)    | 00:34.79       | 304        | Hadleigh S.C.             |
| 4   | TURNER Ben (1994) (F)        | 00:34.80 SC QT | 304 (370)  | West Suffolk S.C.         |
| 5   | WOTHERSPOON James (1991) (H) | 00:34.90       | 301        | Sudbury & District S.C.   |
| 6   | BARTON Matthew (1992) (H)    | 00:35.00       | 298        | Bishop's Stortford S.C.   |
| 7   | BUDD Simon (1992) (H)        | 00:35.44       | 285        | Sudbury & District S.C.   |
| 8   | D'SOUZA Matthew (1995) (E)   | 00:36.37 SC QT | 260 (331)  | Hadleigh S.C.             |
| 9   | GOSLING Declan (1992) (H)    | 00:36.39       | 259        | West Suffolk S.C.         |
| 10  | ALEXANDER Michael (1995) (F) | 00:37.88       | 223 (272)  | Bishop's Stortford S.C.   |
| 11  | JIANG John (1995) (E)        | 00:38.75       | 204 (260)  | Sudbury & District S.C.   |
| 12  | MINNS Samuel (1996) (D)      | 00:39.29 SC QT | 194 (257)  | Newmarket & District S.C. |
| 13  | MURRAY George (1996) (D)     | 00:39.46       | 190 (252)  | Felixstowe S.C.           |
| 14  | FINEGAN Daniel (1997) (C)    | 00:40.14       | 178 (233)  | Felixstowe S.C.           |
| 15  | MACKENZIE Henry (1997) (C)   | 00:40.49       | 172 (225)  | Hadleigh S.C.             |
| 16  | WYATT Robert (1995) (E)      | 00:41.82       | 150 (191)  | West Suffolk S.C.         |
| 17  | CALVER Lee (1995) (E)        | 00:42.21       | 144 (183)  | Felixstowe S.C.           |
| 18  | BUCKLE Thomas (1997) (C)     | 00:43.46 SC QT | 127 (166)  | West Suffolk S.C.         |
| 19  | TROWBRIDGE Jack (1997) (C)   | 00:44.76       | 112 (146)  | West Suffolk S.C.         |
| 20  | ALEXANDER Ryan (1996) (D)    | 00:45.17       | 107 (142)  | Sudbury & District S.C.   |
| 21  | PENTNEY Benjamin (1995) (E)  | 00:46.76       | 91 (116)   | Sudbury & District S.C.   |
| 22  | PROFFITT Alex (1998) (B)     | 00:50.71 SC QT | 61 (81)    | West Suffolk S.C.         |
| 23  | HALLS Robert (1997) (C)      | 00:51.90       | 54 (71)    | Sudbury & District S.C.   |
| 24  | HALL Daniel (1998) (B)       | 00:52.93       | 49 (65)    | Halstead S.C.             |
| 25  | PENTNEY Joseph (1998) (B)    | 00:53.64       | 45 (60)    | Sudbury & District S.C.   |

|    |                            |          |         |                           |
|----|----------------------------|----------|---------|---------------------------|
| 26 | CLARK Samuel (1998) (B)    | 01:02.85 | 18 (24) | Sudbury & District S.C.   |
| -- | WILLIAMS Thomas (1985) (H) | DNS      | --      | Sudbury & District S.C.   |
| -- | CHRISTIE Samual (1997) (C) | DSQ      | --      | Newmarket & District S.C. |
| -- | FUSSEY Alex (1995) (E)     | DSQ      | --      | Newmarket & District S.C. |
| -- | MURRAY Terry (1999) (A)    | DSQ      | --      | Felixstowe S.C.           |

## Event: 18. 50m Butterfly, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                     | Time           | GB/BAG Pts | Club                      |
|-----|-------------------------------|----------------|------------|---------------------------|
| 1   | MURRAY Kelly (1990) (H)       | 00:33.24 SC QT | 526        | Sudbury & District S.C.   |
| 2   | ALLEN Claire (1987) (H)       | 00:35.71       | 423        | Sudbury & District S.C.   |
| 3   | HARRIS Maya (1995) (E)        | 00:36.05 SC QT | 410 (487)  | Diss Otters S.C.          |
| 4   | RIDES Ella (1996) (D)         | 00:38.38 SC QT | 334 (404)  | Sudbury & District S.C.   |
| 5   | TOWNS Annabel (1996) (D)      | 00:38.68 SC QT | 325 (393)  | Felixstowe S.C.           |
| 6   | HEATON Emma (1994) (F)        | 00:39.05       | 314        | Sudbury & District S.C.   |
| 7   | CASBURN Gemma (1994) (F)      | 00:39.44       | 304        | Felixstowe S.C.           |
| 8   | RANSON Danielle (1995) (E)    | 00:39.94       | 290 (344)  | West Suffolk S.C.         |
| 9   | BLAKE Harriet (1994) (F)      | 00:40.88       | 267        | Sudbury & District S.C.   |
| =   | CRAGO Rebecca (1991) (H)      | 00:40.88       | 267        | Sudbury & District S.C.   |
| 11  | LEDWITH Grace (1998) (C)      | 00:40.92 SC QT | 266 (320)  | Bishop's Stortford S.C.   |
| 12  | WHITE Parris (1993) (G)       | 00:41.07       | 263        | Newmarket & District S.C. |
| 13  | WRIGHT Kirstie (1994) (F)     | 00:41.70       | 248        | West Suffolk S.C.         |
| 14  | DILLING Jessica (1995) (E)    | 00:42.19       | 238 (283)  | Sudbury & District S.C.   |
| 15  | MANNING Jade (1995) (E)       | 00:42.37       | 234 (278)  | Sudbury & District S.C.   |
| 16  | WEBBER Rebecca (1996) (D)     | 00:42.56       | 230 (278)  | Sudbury & District S.C.   |
| 17  | MO Lana (1999) (A)            | 00:44.46 SC QT | 194 (241)  | Sudbury & District S.C.   |
| 18  | WRIGHT Hannah (1996) (D)      | 00:45.52       | 177 (214)  | West Suffolk S.C.         |
| 19  | THAKE Kelly (1996) (D)        | 00:45.89       | 171 (207)  | Sudbury & District S.C.   |
| 20  | WICKENS Charlotte (1997) (C)  | 00:46.15       | 167 (201)  | Deben S.C.                |
| 21  | MCINTOSH Brenna (1995) (E)    | 00:46.33       | 165 (196)  | Sudbury & District S.C.   |
| 22  | SMITH Charlotte (1995) (E)    | 00:48.59       | 135 (160)  | West Suffolk S.C.         |
| 23  | HEATHERINGTON Cara (1999) (B) | 00:51.66       | 103 (120)  | Sudbury & District S.C.   |
| 24  | SAMPHER Bethany (1999) (A)    | 00:52.81 SC QT | 93 (115)   | Newmarket & District S.C. |
| 25  | WRIGHT Brooke (1998) (B)      | 00:53.91       | 84 (97)    | Sudbury & District S.C.   |
| 26  | RIDES Gemma (1998) (B)        | 00:54.03       | 83 (96)    | Sudbury & District S.C.   |
| 27  | MOTTRAM Bethany (1999) (A)    | 00:57.65       | 60 (75)    | West Suffolk S.C.         |
| 28  | MAIN Emma (1998) (B)          | 01:03.57       | 35 (41)    | Sudbury & District S.C.   |
| --  | WHEATE Sancia (1997) (C)      | DNS            | --         | West Suffolk S.C.         |
| --  | CORBETT Laetitia (1997) (C)   | DSQ            | --         | Hadleigh S.C.             |

## Event: 19. 100m Backstroke, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                   | Time                          | GB/BAG Pts | Club                    |
|-----|-----------------------------|-------------------------------|------------|-------------------------|
| 1   | DAYMAN Kenny (1997) (D)     | 01:10.13 EC QT, REG QT, SC QT | 425 (533)  | First Strokes S.C.      |
| 2   | WILLIAMS Thomas (1985) (H)  | 01:11.23 SC QT                | 404        | Sudbury & District S.C. |
| 3   | FINEGAN Peter (1993) (G)    | 01:17.97                      | 298        | Felixstowe S.C.         |
| 4   | SARAH Tom (1994) (F)        | 01:18.79                      | 287 (328)  | West Suffolk S.C.       |
| 5   | O'CONNOR Charlie (1995) (E) | 01:19.69                      | 276 (331)  | First Strokes S.C.      |

|    |                              |          |           |                         |
|----|------------------------------|----------|-----------|-------------------------|
| 6  | HARGRAVE Ryan (1994) (F)     | 01:21.21 | 258 (295) | Diss Otters S.C.        |
| 7  | PENTNEY Samuel (1992) (H)    | 01:21.83 | 251       | Sudbury & District S.C. |
| 8  | COOPER Robert (1995) (E)     | 01:22.65 | 242 (290) | West Suffolk S.C.       |
| 9  | WALMSLEY Jack (1995) (E)     | 01:24.92 | 218 (262) | First Strokes S.C.      |
| 10 | ALEXANDER Michael (1995) (F) | 01:25.85 | 209 (239) | Bishop's Stortford S.C. |
| 11 | HIGGINS Nicolas (1996) (D)   | 01:27.59 | 193 (242) | Halstead S.C.           |
| 12 | SALTER Tobie (1995) (F)      | 01:27.76 | 192 (220) | Felixstowe S.C.         |
| 13 | EGAN Jordan (1994) (F)       | 01:30.18 | 172 (197) | First Strokes S.C.      |
| 14 | ALEXANDER Ryan (1996) (D)    | 01:30.79 | 167 (210) | Sudbury & District S.C. |
| 15 | KIMPTON Robert (1995) (E)    | 01:31.63 | 161 (193) | West Suffolk S.C.       |

## Event: 20. 100m Backstroke, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time           | GB/BAG Pts | Club                      |
|-----|------------------------------|----------------|------------|---------------------------|
| 1   | LOWE Rebecca (1995) (E)      | 01:21.28 SC QT | 403 (437)  | Halstead S.C.             |
| 2   | KING Francesca (1996) (D)    | 01:22.30 SC QT | 387 (425)  | Sudbury & District S.C.   |
| 3   | STOREY Emily (1993) (G)      | 01:22.39       | 385        | First Strokes S.C.        |
| 4   | MCGIVERN Lauren (1995) (E)   | 01:24.12       | 360 (391)  | Newmarket & District S.C. |
| 5   | KING Sophie (1994) (F)       | 01:24.19       | 359        | Diss Otters S.C.          |
| 6   | BAIN Hannah (1994) (F)       | 01:24.30       | 357        | Colchester S.C.           |
| 7   | RANSON Danielle (1995) (E)   | 01:24.87       | 349 (379)  | West Suffolk S.C.         |
| 8   | COX Alexa (1996) (D)         | 01:25.07 SC QT | 346 (380)  | Halstead S.C.             |
| =   | REEDER Hannah (1995) (E)     | 01:25.07       | 346 (375)  | Newmarket & District S.C. |
| 10  | CASBURN Gemma (1994) (F)     | 01:26.02       | 334        | Felixstowe S.C.           |
| 11  | THEOBALD Alice (1995) (E)    | 01:26.25       | 331 (359)  | Felixstowe S.C.           |
| 12  | BIRD Sarah (1996) (D)        | 01:26.34       | 330 (362)  | Colchester S.C.           |
| =   | MCINTOSH Romy (1993) (G)     | 01:26.34       | 330        | Sudbury & District S.C.   |
| 14  | ARTHRELL Hayley (1994) (F)   | 01:26.42       | 328        | First Strokes S.C.        |
| 15  | WOOLER Harriet (1995) (F)    | 01:26.52       | 327        | Sudbury & District S.C.   |
| 16  | VERSEY Sarah (1995) (E)      | 01:27.31       | 317 (344)  | Felixstowe S.C.           |
| 17  | HOWARD Sophie (1997) (D)     | 01:28.54       | 302 (331)  | Braintree & Bocking S.C.  |
| 18  | CALDER Melanie (1996) (D)    | 01:28.55       | 302 (331)  | Colchester S.C.           |
| 19  | WESTLAKE Maya (1997) (C)     | 01:29.78       | 288 (323)  | Newmarket & District S.C. |
| 20  | BLACKWELL Abigail (1995) (E) | 01:29.83       | 287 (311)  | First Strokes S.C.        |
| 21  | DILLING Jessica (1995) (E)   | 01:30.03       | 285 (309)  | Sudbury & District S.C.   |
| 22  | OSBORNE Jessica (1995) (E)   | 01:30.08       | 284 (308)  | West Suffolk S.C.         |
| 23  | LEDWITH Grace (1998) (C)     | 01:31.31       | 271 (304)  | Bishop's Stortford S.C.   |
| 24  | HOLT Charlotte (1998) (B)    | 01:32.54       | 258 (301)  | Colchester S.C.           |
| 25  | WEBBER Rebecca (1996) (D)    | 01:33.44       | 249 (273)  | Sudbury & District S.C.   |
| 26  | MCCOURT Alex (1991) (H)      | 01:33.64       | 247        | West Suffolk S.C.         |
| 27  | PEARMAN Lydia (1997) (C)     | 01:34.29       | 241 (270)  | Colchester S.C.           |
| 28  | PORTER Cara (1996) (D)       | 01:34.73       | 236 (259)  | Colchester S.C.           |
| 29  | ZEPEDA Charlotte (1996) (D)  | 01:35.56       | 229 (251)  | Colchester S.C.           |
| 30  | GILLMAN Victoria (1996) (D)  | 01:35.87       | 226 (248)  | Colchester S.C.           |
| 31  | MCGARTH Kate (1996) (D)      | 01:36.18       | 223 (245)  | Newmarket & District S.C. |
| 32  | CRESSWELL Selina (1996) (D)  | 01:37.06       | 216 (237)  | Colchester S.C.           |

|    |                               |          |           |                           |
|----|-------------------------------|----------|-----------|---------------------------|
| 33 | CORBETT Laetitia (1997) (C)   | 01:37.08 | 215 (241) | Hadleigh S.C.             |
| 34 | KEEBLE Natasha (1996) (D)     | 01:37.95 | 208 (228) | First Strokes S.C.        |
| =  | SMITH Charlotte (1995) (E)    | 01:37.95 | 208 (226) | West Suffolk S.C.         |
| 36 | THAKE Kelly (1996) (D)        | 01:39.99 | 192 (211) | Sudbury & District S.C.   |
| 37 | RAMSDALE Sophie (1995) (E)    | 01:40.02 | 192 (208) | Colchester S.C.           |
| 38 | HARDCASTLE Rebecca (1996) (D) | 01:41.60 | 180 (198) | Colchester S.C.           |
| 39 | LEVER Kendal (1997) (C)       | 01:44.54 | 160 (179) | First Strokes S.C.        |
| 40 | CLARK Francesca (1997) (C)    | 01:45.46 | 155 (174) | Sudbury & District S.C.   |
| 41 | MANNING Jade (1995) (E)       | 01:46.32 | 149 (162) | Sudbury & District S.C.   |
| 42 | OLLINGTON Molly (1998) (B)    | 01:49.19 | 133 (155) | Newmarket & District S.C. |
| 43 | BETTIS Megan (1997) (C)       | 01:50.34 | 127 (142) | First Strokes S.C.        |
| -- | WRIGHT Brooke (1998) (B)      | DSQ      | --        | Sudbury & District S.C.   |

## Event: 21. 200m Breaststroke, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time                  | GB/BAG Pts | Club                      |
|-----|------------------------------|-----------------------|------------|---------------------------|
| 1   | DEAL Alex (1992) (H)         | 02:49.10 SC QT        | 457        | Sudbury & District S.C.   |
| 2   | BASHIR Cameron (1994) (F)    | 02:50.41 EC QT, SC QT | 446 (496)  | Sudbury & District S.C.   |
| 3   | SARAH Tom (1994) (F)         | 02:56.74 SC QT        | 398 (442)  | West Suffolk S.C.         |
| 4   | HUGHES Tristan J (1992) (H)  | 03:00.60              | 371        | Felixstowe S.C.           |
| 5   | SPEAR Adam (1991) (H)        | 03:02.44              | 358        | Clacton SC                |
| 6   | HOWARD Jake (1995) (E)       | 03:10.86 SC QT        | 307 (356)  | Hadleigh S.C.             |
| 7   | HARRISON Guy (1996) (D)      | 03:14.08 EC QT, SC QT | 290 (354)  | Colchester S.C.           |
| 8   | SADLER Harrison (1996) (D)   | 03:15.21 EC QT, SC QT | 284 (347)  | First Strokes S.C.        |
| 9   | FUSSEY Alex (1995) (E)       | 03:15.34              | 283 (328)  | Newmarket & District S.C. |
| 10  | HARGRAVE Ryan (1994) (F)     | 03:15.73              | 281 (312)  | Diss Otters S.C.          |
| 11  | BYHAM Matthew (1994) (F)     | 03:21.84              | 251 (279)  | Sudbury & District S.C.   |
| 12  | MURRAY George (1996) (D)     | 03:23.61              | 243 (297)  | Felixstowe S.C.           |
| 13  | MACKINDER Joseph (1996) (D)  | 03:25.59              | 235 (287)  | Colchester S.C.           |
| 14  | PARKER Liam (1996) (D)       | 03:25.84 SC QT        | 234 (286)  | Clacton SC                |
| 15  | EGAN Jordan (1994) (F)       | 03:29.08              | 220 (245)  | First Strokes S.C.        |
| 16  | WYATT Robert (1995) (E)      | 03:31.41              | 211 (244)  | West Suffolk S.C.         |
| 17  | PETTICAN Seb (1996) (D)      | 03:48.10              | 155 (189)  | Newmarket & District S.C. |
| 18  | KWOK Timothy (1998) (B)      | 03:49.99 SC QT        | 150 (194)  | Colchester S.C.           |
| 19  | HALL Daniel (1998) (B)       | 04:10.47              | 103 (133)  | Halstead S.C.             |
| 20  | WALKER James (1999) (A)      | 04:17.58              | 91 (112)   | Halstead S.C.             |
| 21  | MURRAY Terry (1999) (A)      | 04:18.43              | 89 (109)   | Felixstowe S.C.           |
| --  | BASLINGTON Thomas (1999) (A) | DSQ                   | --         | Halstead S.C.             |

## Event: 22. 200m Breaststroke, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time                  | GB/BAG Pts | Club                      |
|-----|------------------------------|-----------------------|------------|---------------------------|
| 1   | REEDER Hannah (1995) (E)     | 03:01.80 EC QT, SC QT | 506 (563)  | Newmarket & District S.C. |
| 2   | STRATTON Katie (1992) (H)    | 03:04.76 SC QT        | 482        | Colchester S.C.           |
| 3   | UECKERMANN Hannah (1963) (H) | 03:07.79              | 458        | Witham Dolphins S.C.      |
| 4   | RIDES Ella (1996) (D)        | 03:11.78 EC QT, SC QT | 429 (494)  | Sudbury & District S.C.   |

|    |                              |          |           |                           |
|----|------------------------------|----------|-----------|---------------------------|
| 5  | GRANT Nikisha (1995) (E)     | 03:13.05 | 420 (467) | West Suffolk S.C.         |
| 6  | BARTON Charlotte (1995) (E)  | 03:15.00 | 407 (453) | Bishop's Stortford S.C.   |
| 7  | WALMSLEY Katie (1995) (E)    | 03:20.84 | 370 (412) | First Strokes S.C.        |
| 8  | BLAKE Harriet (1994) (F)     | 03:26.12 | 339       | Sudbury & District S.C.   |
| 9  | MCGIVERN Lauren (1995) (E)   | 03:29.53 | 321 (357) | Newmarket & District S.C. |
| 10 | BLACKWELL Abigail (1995) (E) | 03:30.13 | 318 (354) | First Strokes S.C.        |
| 11 | BAIN Hannah (1994) (F)       | 03:30.20 | 317       | Colchester S.C.           |
| 12 | DOOLEY Megan (1995) (E)      | 03:30.41 | 316 (352) | First Strokes S.C.        |
| 13 | HANN Bethan (1995) (E)       | 03:31.61 | 310 (345) | Sudbury & District S.C.   |
| 14 | HOWARD Sophie (1997) (D)     | 03:37.96 | 279 (321) | Braintree & Bocking S.C.  |
| 15 | OSBORNE Jessica (1995) (E)   | 03:38.40 | 277 (308) | West Suffolk S.C.         |
| 16 | HANN Kate (1997) (C)         | 03:43.24 | 256 (300) | Sudbury & District S.C.   |
| 17 | NASH Sarah (1998) (B)        | 04:04.91 | 179 (215) | Newmarket & District S.C. |
| 18 | MARVEN Charlotte (1997) (C)  | 04:11.40 | 161 (189) | Colchester S.C.           |
| -- | MILSOM Mollie (1998) (B)     | DNS      | --        | Sudbury & District S.C.   |
| -- | MILES Chloe (1996) (D)       | DSQ      | --        | Colchester S.C.           |

### Event: 23. 200m Ind. Medley, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                         | Time                  | GB/BAG Pts | Club                      |
|-----|-----------------------------------|-----------------------|------------|---------------------------|
| 1   | WESTLAKE Braddan (1995) (E)       | 02:43.01 EC QT, SC QT | 384 (425)  | Newmarket & District S.C. |
| 2   | KEMP Adam (1994) (F)              | 02:43.65              | 379 (403)  | Newmarket & District S.C. |
| 3   | O'CONNOR Charlie (1995) (E)       | 02:51.41              | 325 (360)  | First Strokes S.C.        |
| 4   | REYNOLDS Matthew (1995) (E)       | 02:56.66              | 292 (323)  | Stowmarket S.C.           |
| 5   | SADLER Harrison (1996) (D)        | 02:59.95              | 274 (309)  | First Strokes S.C.        |
| 6   | MACKINDER Joseph (1996) (D)       | 03:01.34              | 266 (300)  | Colchester S.C.           |
| 7   | WALMSLEY Jack (1995) (E)          | 03:09.06              | 228 (252)  | First Strokes S.C.        |
| 8   | OLIVE Ben (1996) (D)              | 03:12.68              | 212 (239)  | Hadleigh S.C.             |
| 9   | KWOK Timothy (1998) (B)           | 03:18.53 EC QT, SC QT | 189 (217)  | Colchester S.C.           |
| 10  | FINEGAN Daniel (1997) (C)         | 03:22.48              | 174 (195)  | Felixstowe S.C.           |
| 11  | LUBBOCK Ethan (1997) (C)          | 03:23.47              | 171 (191)  | Newmarket & District S.C. |
| 12  | GREENHALGH Christopher (1996) (D) | 03:29.93              | 150 (169)  | Sudbury & District S.C.   |
| 13  | HALL Daniel (1998) (B)            | 03:40.71              | 121 (139)  | Halstead S.C.             |
| 14  | PROFFITT Alex (1998) (B)          | 03:44.11              | 113 (130)  | West Suffolk S.C.         |
| --  | KWOK Chris (1996) (D)             | DNS                   | --         | Colchester S.C.           |
| --  | BASLINGTON Thomas (1999) (A)      | DSQ                   | --         | Halstead S.C.             |

### Event: 24. 200m Ind. Medley, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                 | Time           | GB/BAG Pts | Club                      |
|-----|---------------------------|----------------|------------|---------------------------|
| 1   | ALLEN Claire (1987) (H)   | 02:44.79       | 525        | Sudbury & District S.C.   |
| 2   | REEDER Hannah (1995) (E)  | 02:49.28       | 484 (512)  | Newmarket & District S.C. |
| 3   | GRANT Nikisha (1995) (E)  | 02:52.04       | 461 (488)  | West Suffolk S.C.         |
| 4   | WALMSLEY Katie (1995) (E) | 02:52.56       | 457 (484)  | First Strokes S.C.        |
| 5   | STRATTON Katie (1992) (H) | 02:53.18       | 452        | Colchester S.C.           |
| 6   | RIDES Ella (1996) (D)     | 02:56.76 SC QT | 424 (446)  | Sudbury & District S.C.   |

|    |                              |                       |           |                           |
|----|------------------------------|-----------------------|-----------|---------------------------|
| 7  | WHITE Laura J (1994) (F)     | 02:57.00              | 422       | First Strokes S.C.        |
| 8  | COX Alexa (1996) (D)         | 02:58.11              | 414 (435) | Halstead S.C.             |
| 9  | CALDER Melanie (1996) (D)    | 03:01.21              | 391 (411) | Colchester S.C.           |
| 10 | HARRIS Maya (1995) (E)       | 03:01.58              | 389 (412) | Diss Otters S.C.          |
| 11 | SKORNIA Vicky (1995) (E)     | 03:02.19              | 385 (407) | Colchester S.C.           |
| 12 | REEDER Molly (1997) (C)      | 03:03.39 EC QT, SC QT | 376 (394) | Newmarket & District S.C. |
| 13 | WESTLAKE Maya (1997) (C)     | 03:04.02              | 372 (390) | Newmarket & District S.C. |
| 14 | BLACKWELL Abigail (1995) (E) | 03:06.79              | 354 (375) | First Strokes S.C.        |
| 15 | KING Francesca (1996) (D)    | 03:09.98              | 334 (351) | Sudbury & District S.C.   |
| 16 | MO Lana (1999) (A)           | 03:11.70 EC QT, SC QT | 324 (356) | Sudbury & District S.C.   |
| 17 | HOWARD Sophie (1997) (D)     | 03:14.15              | 310 (326) | Braintree & Bocking S.C.  |
| 18 | BAUCKHAM Millie (1996) (D)   | 03:20.85              | 275 (289) | Braintree & Bocking S.C.  |
| 19 | GILLMAN Victoria (1996) (D)  | 03:24.04              | 260 (273) | Colchester S.C.           |
| 20 | PEARMAIN Lydia (1997) (C)    | 03:25.44              | 254 (266) | Colchester S.C.           |
| 21 | HOLT Charlotte (1998) (B)    | 03:30.75              | 231 (245) | Colchester S.C.           |
| 22 | MARVEN Charlotte (1997) (C)  | 03:41.70              | 189 (198) | Colchester S.C.           |
| 23 | OLLINGTON Molly (1998) (B)   | 04:11.65              | 111 (118) | Newmarket & District S.C. |
| -- | ARTHRELL Hayley (1994) (F)   | DNS                   | --        | First Strokes S.C.        |
| -- | RANSON Danielle (1995) (E)   | DNS                   | --        | West Suffolk S.C.         |
| -- | WHEATE Sancia (1997) (C)     | DNS                   | --        | West Suffolk S.C.         |
| -- | RIDES Gemma (1998) (B)       | DSQ                   | --        | Sudbury & District S.C.   |
| -- | VERSEY Sarah (1995) (E)      | DSQ                   | --        | Felixstowe S.C.           |

## Event: 25. 50m Backstroke, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                    | Time           | GB/BAG Pts | Club                      |
|-----|------------------------------|----------------|------------|---------------------------|
| 1   | WOTHERSPOON James (1991) (H) | 00:33.26 SC QT | 396        | Sudbury & District S.C.   |
| 2   | KEMP Adam (1994) (F)         | 00:33.52 SC QT | 386 (485)  | Newmarket & District S.C. |
| 3   | BASHIR Cameron (1994) (F)    | 00:34.83       | 340 (427)  | Sudbury & District S.C.   |
| 4   | TURNER Ben (1994) (F)        | 00:35.93       | 306 (384)  | West Suffolk S.C.         |
| 5   | PENTNEY Samuel (1992) (H)    | 00:36.44       | 291        | Sudbury & District S.C.   |
| 6   | BARTON Matthew (1992) (H)    | 00:37.17       | 271        | Bishop's Stortford S.C.   |
| 7   | JIANG John (1995) (E)        | 00:39.90       | 208 (266)  | Sudbury & District S.C.   |
| 8   | FINEGAN Daniel (1997) (C)    | 00:40.26       | 201 (269)  | Felixstowe S.C.           |
| 9   | FUSSEY Alex (1995) (E)       | 00:40.78       | 191 (244)  | Newmarket & District S.C. |
| 10  | ALEXANDER Ryan (1996) (D)    | 00:41.68       | 175 (235)  | Sudbury & District S.C.   |
| 11  | HALLS Robert (1997) (C)      | 00:42.70       | 158 (211)  | Sudbury & District S.C.   |
| 12  | PENTNEY Benjamin (1995) (E)  | 00:46.90       | 105 (134)  | Sudbury & District S.C.   |
| 13  | GRANT Alistair (1998) (B)    | 00:47.15       | 103 (136)  | Hadleigh S.C.             |
| 14  | CHRISTIE Samuel (1997) (C)   | 00:49.65       | 80 (107)   | Newmarket & District S.C. |
| 15  | PENTNEY Joseph (1998) (B)    | 00:49.75       | 80 (106)   | Sudbury & District S.C.   |
| 16  | MURRAY Terry (1999) (A)      | 00:50.91       | 71 (85)    | Felixstowe S.C.           |
| 17  | CLARK Samuel (1998) (B)      | 00:51.35       | 68 (90)    | Sudbury & District S.C.   |
| 18  | BARTON Gregory (1999) (A)    | 00:51.74       | 66 (79)    | Bishop's Stortford S.C.   |
| 19  | BLOMFIELD Thomas (1997) (C)  | 00:52.10       | 63 (84)    | Sudbury & District S.C.   |
| 20  | CHRISTIE William (1999) (A)  | 00:53.56       | 55 (66)    | Newmarket & District S.C. |
| --  | REYNOLDS Matthew (1995) (E)  | DNS            | --         | Stowmarket S.C.           |

## Event: 26. 50m Backstroke, Female, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                   | Time           | GB/BAG Pts | Club                      |
|-----|-----------------------------|----------------|------------|---------------------------|
| 1   | ALLEN Claire (1987) (H)     | 00:36.51       | 456        | Sudbury & District S.C.   |
| 2   | HOWARD Georgia (1997) (C)   | 00:36.81 SC QT | 445 (507)  | Hadleigh S.C.             |
| 3   | BUCK Megan (1995) (F)       | 00:37.68       | 413        | Sudbury & District S.C.   |
| 4   | RANSON Danielle (1995) (E)  | 00:38.20       | 395 (453)  | West Suffolk S.C.         |
| 5   | GRANT Nikisha (1995) (E)    | 00:38.64       | 381 (437)  | West Suffolk S.C.         |
| 6   | WILSON Rebecca (1997) (D)   | 00:39.34       | 359 (416)  | Deben S.C.                |
| 7   | WHITE Parris (1993) (G)     | 00:39.89       | 343        | Newmarket & District S.C. |
| 8   | HEATON Sophie (1997) (C)    | 00:39.90 SC QT | 342 (390)  | Sudbury & District S.C.   |
| 9   | WESTLAKE Maya (1997) (C)    | 00:40.42       | 328 (374)  | Newmarket & District S.C. |
| 10  | RIDES Ella (1996) (D)       | 00:40.71       | 320 (371)  | Sudbury & District S.C.   |
| 11  | HANN Bethan (1995) (E)      | 00:40.72       | 319 (366)  | Sudbury & District S.C.   |
| 12  | THEOBALD Alice (1995) (E)   | 00:40.99       | 312 (358)  | Felixstowe S.C.           |
| 13  | VERSEY Sarah (1995) (E)     | 00:42.30       | 279 (320)  | Felixstowe S.C.           |
| 14  | MCCOURT Alex (1991) (H)     | 00:42.57       | 273        | West Suffolk S.C.         |
| 15  | WEBBER Rebecca (1996) (D)   | 00:42.85       | 267 (310)  | Sudbury & District S.C.   |
| 16  | MO Lana (1999) (A)          | 00:44.93 SC QT | 224 (248)  | Sudbury & District S.C.   |
| 17  | THAKE Kelly (1996) (D)      | 00:45.59       | 212 (246)  | Sudbury & District S.C.   |
| 18  | CLARK Francesca (1997) (C)  | 00:46.59       | 194 (221)  | Sudbury & District S.C.   |
| 19  | HANN Kate (1997) (C)        | 00:46.92       | 189 (215)  | Sudbury & District S.C.   |
| 20  | VOWLES Abigail (1999) (A)   | 00:48.49       | 165 (183)  | Sudbury & District S.C.   |
| 21  | WRIGHT Brooke (1998) (B)    | 00:49.18       | 156 (171)  | Sudbury & District S.C.   |
| 22  | RIDES Gemma (1998) (B)      | 00:50.82       | 136 (149)  | Sudbury & District S.C.   |
| 23  | NASH Sarah (1998) (B)       | 00:51.98       | 123 (135)  | Newmarket & District S.C. |
| 24  | SAMPHER Bethany (1999) (A)  | 00:53.68       | 106 (117)  | Newmarket & District S.C. |
| 25  | LUBBOCK Sophie (1999) (A)   | 00:56.05       | 87 (96)    | Newmarket & District S.C. |
| 26  | BLOMFIELD Imogen (1999) (A) | 01:04.60       | 42 (47)    | Sudbury & District S.C.   |
| --  | CORBETT Laetitia (1997) (C) | DNS            | --         | Hadleigh S.C.             |
| --  | WALTERS Nella (1999) (A)    | DNS            | --         | West Suffolk S.C.         |
| --  | WHEATE Sancia (1997) (C)    | DNS            | --         | West Suffolk S.C.         |
| --  | MANNING Jade (1995) (E)     | DSQ            | --         | Sudbury & District S.C.   |

## Event: 27. 100m Butterfly, Male, All Ages, HDW, 10/01/2009 Overall result

| Pos | Name, YOB                   | Time                          | GB/BAG Pts | Club                      |
|-----|-----------------------------|-------------------------------|------------|---------------------------|
| 1   | DAYMAN Kenny (1997) (D)     | 01:13.75 EC QT, REG QT, SC QT | 347 (446)  | First Strokes S.C.        |
| 2   | FINEGAN Peter (1993) (G)    | 01:16.26 SC QT                | 309        | Felixstowe S.C.           |
| 3   | TURNER Ben (1994) (F)       | 01:19.98 SC QT                | 261 (301)  | West Suffolk S.C.         |
| 4   | JIANG John (1995) (E)       | 01:29.49                      | 169 (205)  | Sudbury & District S.C.   |
| 5   | MACKINDER Joseph (1996) (D) | 01:36.60                      | 122 (157)  | Colchester S.C.           |
| --  | PETTICAN Seb (1996) (D)     | DNS                           | --         | Newmarket & District S.C. |
| --  | KWOK Chris (1996) (D)       | DSQ                           | --         | Colchester S.C.           |
| --  | SADLER Harrison (1996) (D)  | DSQ                           | --         | First Strokes S.C.        |

**Event: 28. 100m Butterfly, Female, All Ages, HDW, 10/01/2009 Overall result**

| Pos | Name, YOB                   | Time           | GB/BAG Pts | Club                    |
|-----|-----------------------------|----------------|------------|-------------------------|
| 1   | BARTON Charlotte (1995) (E) | 01:23.47       | 346 (396)  | Bishop's Stortford S.C. |
| 2   | WILSON Rebecca (1997) (D)   | 01:25.95 SC QT | 313 (362)  | Deben S.C.              |
| 3   | ARTHRELL Hayley (1994) (F)  | 01:27.34       | 296        | First Strokes S.C.      |
| 4   | VERSEY Sarah (1995) (E)     | 01:28.43       | 283 (324)  | Felixstowe S.C.         |
| 5   | HEATON Emma (1994) (F)      | 01:33.17       | 234        | Sudbury & District S.C. |
| 6   | MCCOURT Alex (1991) (H)     | 01:36.64       | 203        | West Suffolk S.C.       |
| =   | MILSOM Mollie (1998) (B)    | 01:36.64       | 203 (259)  | Sudbury & District S.C. |
| 8   | CALDER Melanie (1996) (D)   | 01:36.88       | 201 (232)  | Colchester S.C.         |
| 9   | GILLMAN Victoria (1996) (D) | 01:43.95       | 151 (174)  | Colchester S.C.         |
| 10  | PEARMAIN Lydia (1997) (C)   | 01:44.45       | 148 (177)  | Colchester S.C.         |
| 11  | THAKE Kelly (1996) (D)      | 01:44.78       | 146 (169)  | Sudbury & District S.C. |
| 12  | ZEPEDA Charlotte (1996) (D) | 01:54.80       | 98 (113)   | Colchester S.C.         |
| 13  | MARVEN Charlotte (1997) (C) | 02:07.38       | 59 (70)    | Colchester S.C.         |
| --  | BUCK Megan (1995) (F)       | DNS            | --         | Sudbury & District S.C. |
| --  | MANNING Jade (1995) (E)     | DNS            | --         | Sudbury & District S.C. |
| --  | SKORNIA Vicky (1995) (E)    | DNS            | --         | Colchester S.C.         |
| --  | STRATTON Katie (1992) (H)   | DNS            | --         | Colchester S.C.         |
| --  | EGAN Niamh (1997) (C)       | DSQ            | --         | First Strokes S.C.      |